



MEXICO'S WORK PROFILE

2020 - 2021



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LETTER TO OUR FUTURE EXCHANGEES

Dear ICYE exchanges,

We are glad that you have decided to do your exchange program in Mexico!

In this booklet, you will find a brief description of every social project available in Mexico for the exchange year 19/20. We recommend you to read them carefully and then fill out the Priority List at the end of this document, so we can find you the project that best fits your interests and skills.

Furthermore, it is important that all volunteers coming to Mexico are aware of the following points:

- You can choose your interest areas and three different projects in which you would like to work. Please look at the National Profile too, so you are aware of the features of the location of the project. We will try to comply with your preferences but this will depend on the availability of projects and families in each region. If we cannot place you in your preferred project, we will try to offer you a similar one.
- Although all volunteers used to stay with Mexican host families in the past, the situation has changed and more volunteers are living within their project facilities. Please, be prepared for this type of hosting situation.

We are looking forward to meet you in Mexico.

The best,

The SIIJUVE Family

PROJECTS

GENERAL DESCRIPTION

SIIJUVE's projects are carefully selected, and frequently monitored to assure the best experience for our volunteers. The projects are public, non-governmental and religious institutions that work in one or some of the following areas: street children/adolescents, orphan children, children/adolescents with difficult backgrounds, animal welfare, ecology, elders, community development, construction, education, etc.

Our projects are located in the following cities and towns of Mexico:

- Tuxtla Gutiérrez, Chiapas
- San Cristóbal de las Casas, Chiapas
- Puebla City, Puebla
- Toluca, México State
- México City
- Querétaro City, Querétaro
- Guadalajara, Jalisco
- Ocotlan, Jalisco
- Cuernavaca, Morelos

To know more about the regions, please see the National Profile

We are frequently forming new alliances with projects in Mexico to fit the interest and abilities of our incoming volunteers and to enhance collaboration within Mexico's civil society. In Mexico, we live a situation of economic inequality, low support from the government, among others. The former makes collaboration the key for the survival of social projects in the country. If we place you in one of these new projects that might not appear yet in the Work Profile, we ask you to be open about it.



STREET CHILDREN/ADOLESCENTS

There are more than three million children and adolescents living and working in the streets of Mexico. Projects like Pro Niños and Juconi help these children to find a life outside the streets. It is not just about providing them a house, but to change their perspectives, teach them a profession, make them feel secure, among others.

NAME OF THE PROJECT	JUCONI A.C. (JUNTOS CON LOS NIÑOS)
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Children / disadvantaged / street children / human rights / family
AIMS OF THE PROJECT	JUCONI seeks out and provides personalized support to society's most vulnerable children and families trapped in toxic cycles of both family violence and chronic poverty.
PROJECT'S ACTIVITIES	<p>JUCONI works with 350 children and their families every year, through 3 programs:</p> <ul style="list-style-type: none"> a. Program for children living in the streets, and their families. b. Program for children working in the streets, and their families. c. Program for children working in the markets, and their families. <p>JUCONI coordinates with parents, siblings, teachers, neighbors, employers, etc. in order to attain, and more importantly, sustain the transition of children, from exclusion to inclusion. The holistic approach assures permanent success in 4 key areas:</p> <ol style="list-style-type: none"> 1. Academic achievement: The project grants access to education. 2. Positive social relationships: The project creates abilities to foster and maintain positive bonds with peers, neighbors, and authority figures. 3. Economic opportunities (14 years and older): The project creates and promote the abilities and values necessities to have success in the formal workforce. 4. Family: The project foster positive, violence-free communication within families.
COMMUNITY CONTEXT	One of the greatest challenges that Mexico faces is poverty; millions of children find themselves in an unacceptable situation without opportunities to develop healthily or access their rights.

	Without the support of society, the children that grow up in these conditions can seldom break out this the vicious circle. It is most likely that they will themselves repeat the same patterns of violence as adults with their own families.
VOLUNTEER'S REQUIREMENTS	Volunteers require skills for working with children, such as: patience, initiative and energy. A basic knowledge of Spanish is required.
VOLUNTEER'S TASKS	The activities can include: -Assisting the teachers during their lessons and workshops. -Participate in activities organized for street children. -Take care of children whose parents work all day. -Take part in the fabrication of products sold for the support of the project. -Visit families. -Monitor the programs.
NUMBER OF VOLUNTEERS IN PROJECT	Three
HOST SITUATION	Host family in the city of Puebla.
HOLIDAYS	According to the program
TIMETABLE	Monday to Friday

NAME OF THE PROJECT	FUNDACIÓN PRO NIÑOS DE LA CALLE I.A.P.
LOCATION	Mexico City
THEME OR AREAS OF PROJECT	Street children / children / youth / education / integral development / disadvantaged
AIMS OF THE PROJECT	"Pro Niños de la Calle" aims to understand and assist children and teenagers living in the streets. "Pro niños" guides street children in a three steps process which allows the children to choose a different way of living. The process helps the children realize that they can decide on their own and that the streets are no longer the place in which they want to live.
PROJECT'S ACTIVITIES	The organization offers an alternative way of living (safe housing and education) to street children. Also, they stimulate the physical, emotional, intellectual and creative development of the children.

	<p>There are four areas of work:</p> <ul style="list-style-type: none"> - Street Work: The Educators and volunteers work directly in the streets, in order to make contact with street children and gain their trust. The main objective is to convince children to attend the Day Center. <p>The educators use technics based on games.</p> <ul style="list-style-type: none"> - Day Center: The aim of the Day Center is that children decide by themselves to leave the streets. In the Day Center, educators and volunteers perform different activities in order to encourage new habits on the children; help them to discover new skills; and finally, so the children can compare their new lives with the ones in the street. <p>At the Day Center children are provided with food, leisure activities, education, and medical support.</p> <ul style="list-style-type: none"> - Life Option: Once the children decide to leave the streets, the project helps them either to go back to their families (if it is possible and there are adequate conditions) or to live in a residential project for street children. Fundación Pro Niños de la Calle also supports them to start with a new independent life. - Transition house: It is a house where older boys stay before becoming independent and leave the project facilities. In this house, they are prepared for their future.
<p>COMMUNITY CONTEXT</p>	<p>Fundación Pro Niños de la Calle I.A.P. is a Non Governamental Institution located in Mexico city.</p>
<p>VOLUNTEER'S REQUIREMENTS</p>	<ul style="list-style-type: none"> - Interest in social issues, such as children living in the street, - Deep social conscience - Passion in working with children (play and talk to them) - Creativity and proactivity - Teamwork -High tolerance to frustration - The volunteer should be interested in "Pro Niños" mission and show commitment to his/her job. * the volunteer must speak basic Spanish (he/she must be able to understand and speak at a basic level)
<p>VOLUNTEER'S TASKS</p>	<p>Volunteers in "Pro Niños" work directly with the children.</p> <p>Volunteers work in the different areas of the project:</p> <ul style="list-style-type: none"> - Street work is done in pairs, usually one educator and one volunteer. The volunteer and educator pick up children in the street and takes them to the Day Center. In the Day Center, the volunteer plays and takes care of the children. At the end of the day, the volunteer and educator take the children to shelters.

	<ul style="list-style-type: none"> - In the Day Center, volunteers help educators in diverse activities. One of the most important tasks of the volunteers is to keep all the material in order and ready for the activities. Children consider volunteers as educators; and therefore, it is very important for the volunteer to show empathy and support. The volunteer also needs to watch out children very closely in order to identify the attitudes of the children. Other activities are: play with the children, teach them new skills, and others. - At Life Option and Transition House, volunteers support the staff and children with daily activities, and with the process of integrating the youngsters into society.
NUMBER OF VOLUNTEERS IN PROJECT	6
HOST SITUATION	In the project with other volunteers from different parts of the world, or in a host family
HOLIDAYS	According to your program and project.
TIMETABLE	Monday to Friday, according to the area of work.

NAME OF THE PROJECT	YOLIA NIÑAS DE LA CALLE A.C.
LOCATION	Mexico City
THEME OR AREAS OF PROJECT	Children / youth / disadvantaged / street girls / art / education
AIMS OF THE PROJECT	The main objective of Yolia is to offer girls, which have lived in the streets and are at risk of exploitation and violence, education with a gender focus and based on the preventive system of San Juan Bosco, which favors an integral development and impels them to be protagonists of their own story.
PROJECT'S ACTIVITIES	<p>Social Circus The Social Circus is a pedagogical and social artistic intervention tool that develops physical, artistic and social skills in children, young people, and families.</p> <p>Mobile School The Mobile School is a tool that helps to strengthen and impact the self-esteem of children and young people living in the streets or at vulnerable situations, through positive and creative impulses.</p> <p>Salesian House The Salesian House is a space of encounter with children, adolescents and</p>

	<p>young people from the peripheral colonies that look to form values and develop skills to prevent youth to get involved in dangerous situations.</p> <p><u>The activities offered are:</u></p> <p>Workshops: Dance, Music, Drawing, Crafts, Papyrus, Sport activities: Football</p> <p>Children's Center</p> <p>The Children's Center is an educational space that favors the development of habits, and psychomotor and cognitive skills of children from 1 to 6 years of age, who are children of young mothers in street situations and/or with low resources.</p> <p>Youth Residence</p> <p>In the Youth Residence, we provide comprehensive care for street girls and adolescents who are unaccompanied migrants, through reinsertion and prevention strategies that promote harmonious development and community participation.</p> <p>Orphanage</p> <p>We have a residential space that offers security and stability, which contributes to rebuilding the family structure, promoting harmonious development and projecting a dignified life option for girls.</p>
COMMUNITY CONTEXT	<p>-Girls from 0 to 21 years old located in dangerous zones of Mexico City.</p> <p>-Street girls or girls that are in danger of living in the streets.</p>
VOLUNTEER'S REQUIREMENTS	<p>-The volunteer must be educated</p> <p>-Possess human values, believe and practice them.</p> <p>-Responsible</p> <p>-Sensitive</p> <p>-Patient</p> <p>-Willing to learn Spanish very fast</p>
VOLUNTEER'S TASKS	<p>-Pay attention and support the beneficiaries of the program</p> <p>-Make visits at intervention spots with the mobile school and social circus.</p> <p>-Motivate and include children in activities.</p> <p>-Participate in games with children at intervention spots.</p> <p>-Participation in the daily activities of the household (preparation of food, accompany girls to school, supervise activities, promote personal hygiene and clean spaces).</p>
NUMBER OF VOLUNTEERS	1
HOST SITUATION	Host family or project
HOLIDAYS	<i>According to the program</i>

TIMETABLE	Monday to Friday, from 10:00 a.m. to 6:00 p.m. (Support in institutional events is required on some Saturdays, approximately 5 times per year).
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NAME OF THE PROJECT	HOGARES PROVIDENCIA TOLUCA I. A. P.
LOCATION	Toluca, State of Mexico.
THEME OR AREAS	Children / disadvantaged / street girls / education
AIMS OF THE PROJECT	The aim of the project is to improve the living conditions of street children, by offering a warm place where they can sleep, and by giving them food and education.
PROJECT'S ACTIVITIES	<ul style="list-style-type: none"> - It helps youth and children to reintegrate to society, by giving them education and basic needs. - Protect girls from the danger of living in the street, helping them to find a new and positive future.
COMMUNITY CONTEXT	The volunteer will be working with girls who have a difficult background.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> - Interest in working with children - Responsible and motivated to help others - Computer skills. - Desirable: Basic level of Spanish and English
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> - Play and help children in their needs, and make them feel well. - Help educators during workshops - Help girls with their homework - Help in cooking and coordinating activities
NUMBER OF VOLUNTEERS	1
HOST SITUATION	Host family in Toluca
HOLIDAYS	Depending on the volunteer's program
TIMETABLE	Monday to Friday from 9:00 to 13:00 hrs.

Children and adolescents with difficult backgrounds

Children and adolescents with difficult backgrounds are those who have family problems. The problems can range from poverty, sexual abuse, physical abuse, etc. A lot of them have lived in the streets or are orphan, but not necessarily. Some of the projects work as orphanages, but others take care of children and adolescents for periods.

NAME OF THE PROJECT	COMAMOS Y CREZCAMOS CON ALEGRIA A.C.
LOCATION	Puebla, Puebla
THEME OR AREAS OF PROJECT	Children / disadvantaged / education / nourishment
AIMS OF THE PROJECT	<p>The main objective of “Comamos y Crezcamos” is to support families with low resources by improving the nourishment of their children. The project also looks to develop the academic and physical skills of children.</p> <p>The secondary objectives of the organization are:</p> <ul style="list-style-type: none"> -Improve the nourishment of children attending from kindergarten to elementary school. -Increase school attendance through good nutrition. -Encourage the habit of hygiene both in the preparation and consumption of food. -Strengthen education with values and family involvement. -Improve the quality of life and strengthen the knowledge, attitudes, and practices regarding food, nutrition, and health of children. -Encourage children to be interested in their education by providing artistic, cultural, and sports activities. -Meet the needs of children in various villages of the State of Puebla.
PROJECT’S ACTIVITIES	<ol style="list-style-type: none"> 1. To feed children with low income 2. To assist them with psychological consultancy 3. To help them with their homework after the meal 4. To provide them with several artistic and sportive activities.
COMMUNITY CONTEXT	<p>Puebla is one of the five provinces with more poverty and marginalization in the country. Children tend to be the ones that suffer the most the consequences of it. Especially, poor children under 5 years old suffer of malnutrition, and low productivity at school.</p> <p>The project is located in a very poor neighbourhood, “Nueva San Salvador”, which is besides the highway and big industrial parks. Its population are migrants from La Sierra Negra.</p>
VOLUNTEER’S REQUIREMENTS	<ul style="list-style-type: none"> -Able to take initiative -Responsibility -Independent -Able to organize activities for children
VOLUNTEER’S TASKS	<p>The volunteer will</p> <ul style="list-style-type: none"> -Serve lunch to the children

	-Be a teacher's assistant. -Help to prepare the material for the class. -Look after the children while playing
NUMBER OF VOLUNTEERS IN PROJECT	1- 2
HOST SITUATION	Host family in Puebla.
HOLIDAYS	According to your program and holidays
TIMETABLE	From 11 am – 6 pm

NAME OF THE PROJECT	GUARDERIA INFANTIL CARITAS
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Children / disadvantaged
AIMS OF THE PROJECT	"Guardería Infantil Caritas" is a nursery and school for children whose parents work all day and don't have enough economic resources to pay for a private school or nursery. The age of the children can be between 5 months to 6 years old.
PROJECT'S ACTIVITIES	This project takes care of children for 6 hours every day. During this period of time, the children receive food and basic education, play games, and others.
COMMUNITY CONTEXT	The project is a private association located in the center of the city of Puebla.
VOLUNTEER'S REQUIREMENTS	-Volunteers need to have interest in working with small children and babies. -Volunteers are also required to be patient.
VOLUNTEER'S TASKS	- Take care of the babies (feed them, change their diaper, etc.). - Assist teachers - Play with the children, help them with their homework, feed them and look after them.
NUMBER OF VOLUNTEERS IN PROJECT	1
HOST SITUATION	Host family in the city of Puebla
HOLIDAYS	According to your program
TIMETABLE	Monday to Friday 09:00-14:00

NAME OF THE PROJECT	CASA DEL SOL
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Children / disadvantaged / education
AIMS OF THE PROJECT	Casa del Sol helps vulnerable children from 0 to 8 years old to develop their full potential and to find them a family. The project provides education and a house for homeless children.
PROJECT'S ACTIVITIES	The project offers a home for children and babies. It also looks for adoptive parents. Finally, they assure good education to their children, through an alliance with a near kindergarten and elementary school.
COMMUNITY CONTEXT	The project is located in one of the richest parts of the city.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> - Be German - Enjoy being with young children and/or babies - Basic Spanish is desirable. - To have patience with children and lots of energy. - Age between 18 – 26 years old. - Willing to work in the same activity for a long time (for example sorting socks for some hours.)
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> - Play with the children - Accompany children to their therapies - Make beds - Clean children's toys - Help the children to eat - Help the children to change their clothes - General tasks in the house: sorting clothes, helping to look after the babies, feeding, changing their nappy
NUMBER OF VOLUNTEERS IN PROJECT	3-5
HOST SITUATION	At the project.
HOLIDAYS	According to the program.
TIMETABLE	Monday to Friday / 09.00 – 13.00

NAME OF THE PROJECT	DIF MUNICIPAL TOLUCA
LOCATION	Toluca, Mexico State
THEME OR AREAS OF PROJECT	Children / disadvantaged
AIMS OF THE PROJECT	<p>To help children who are at risk of living on the streets or who are already homeless, providing them with protection, affection, and understanding. In addition, provide education and development strategies that shall contribute to the recovery of their self-respect and enhance their possibilities of having a good life in adulthood.</p> <p>The project also has other activities such as taking care of disabled people. When the volunteer arrives he/she, together with the project manager, will decide their area of work.</p>
PROJECT'S ACTIVITIES	<p>DIF is a public institution that offers a real option for children who are at risk of living on the streets or who are already homeless.</p> <p>DIF provides a house for children to play, eat, do their homework, etc. Within DIF, there is a school where kids can attend.</p> <p>Homeless children have the opportunity to stay in the house, while DIF finds them a permanent home.</p>
COMMUNITY CONTEXT	DIF is part of the local government. It works with the most vulnerable sectors of society. You will work with street children, children from poor families or children without parents.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -Volunteers need to be tolerant and should have a lot of patience. -Punctuality, positive attitude, motivation and initiative for activities with the children. -Desirable: Basic level of Spanish.
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Provide language classes. (English - basic level) -Teaching songs, games and intercultural activities in a different language. -To take care of children during their daily activities -Provide computer lessons -Play a sport with children. -You will work with children from 5 to 15 years old.
NUMBER OF VOLUNTEERS IN PROJECT	1-2
HOST SITUATION	Host family in the city of Toluca
HOLIDAYS	According to the program, plus all the official holidays.
TIMETABLE	Monday to Friday during the morning.

NAME OF THE PROJECT	GRANITO DE ARENA
LOCATION	Tuxtla Gutiérrez, Chiapas
THEME OR AREAS OF PROJECT	Children / youth / elders / integral development / poverty and exploitation / sexual abuse
AIMS OF THE PROJECT	<p>Granito de Arena is an international organization that looks to have a positive impact in the life of the most vulnerable (elders, children, and youth with difficult backgrounds)</p> <p>The secondary objectives of the organization are:</p> <ol style="list-style-type: none"> 1. Provide basic needs and psychological support to the elders. 2. Protect and provide psychological support to children and youth, victims of sexual abuse and/or work exploitation 3. Create campaigns against sexual abuse on children
PROJECT'S ACTIVITIES	<p>“CUIDA POR AMOR” (CARE FOR LOVE) A campaign to raise awareness of sexual abuse on children. The organization organizes chats with experts, conferences, movie screenings, and others. They also create and distribute informative material (flyers, etc.) and</p> <p>“ADOPTA UN ABUELITO” (ADOPT A GRANDPARENT) A support program for elders who are homeless or abandoned by their families. The organization provides material needs (food, wheelchairs, diapers for adults, etc.) and organizes events. The main objective is to provide love to the grandparents and treat them with respect and good intentions.</p> <p>DEJA TU HUELLA (LEAVE AN IMPRESSION) A program to involve civil society in the activities of the organization. The organization organizes donation, cleaning and reforestation campaigns, and also a yearly raise to increase awareness on sexual abuse on children.</p> <p>CENTRO DE ATENCIÓN INTEGRAL PARA NIÑOS Y JÓVENES VIOLENTADOS SEXUALMENTE (SUPPORT CENTER FOR SEXUALLY ABUSED CHILDREN AND YOUTH)</p>

	A Center to support children and youth, from 3 to 25 years, who have been sexually abused. The center provides psychological support and different types of therapies to the patients.
COMMUNITY CONTEXT	The beneficiaries of the project are people with difficult backgrounds, so they can be hard to approach
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> - Patience - Responsibility - Ethical person - Affectionate - Discretion - Seriousness
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Support in orphanages -Support in nursery homes -Help in the organization and implementation of fundraising events -Participate in workshops about sexual abuse to learn, and later provide the same workshops in schools (together with an expert) -Organize and provide several workshops for kids. -According to the profile and disponibility, the volunteer will be able to support in administrative areas
NUMBER OF VOLUNTEERS IN PROJECT	As many as they arrive
HOST SITUATION	Host family
HOLIDAYS	According to the program
TIMETABLE	

NAME OF THE PROJECT	VIENTOS CULTURALES, A.C.
LOCATION	Tuxtla Gutierrez, Chiapas.
THEME OR AREAS OF PROJECT	Art / disadvantages / children / youth
AIMS OF THE PROJECT	The project aims to help children to develop their creativity and enhance values like self-esteem.
PROJECT'S ACTIVITIES	<p>The project runs different art workshops:</p> <ul style="list-style-type: none"> ➤ Painting and drawing ➤ Engraving with linoleum ➤ "Papier Malite" ➤ Collage ➤ Performance, etc. <p>The volunteers are free to create a new workshop.</p>
COMMUNITY CONTEXT	The project works in poor communities in Tuxtla Gutierrez.
VOLUNTEER'S REQUIREMENTS	<p>Volunteers should have a lot of imagination, initiative and like cultural activities such as painting, drawing, etc.</p> <p>The volunteer also need to have patience and energy to work with children.</p>
VOLUNTEER'S TASKS	Help to organize and implement the workshops in diverse communities of the city.
NUMBER OF VOLUNTEERS IN PROJECT	1-3
HOST SITUATION	Living within the project facilities or in a host family in Tuxtla.
HOLIDAYS	According to the program.
TIMETABLE	12:00 to 20:00hrs

NAME OF THE PROJECT	CENTRO ASISTENCIAL DE DESARROLLO INFANTIL (CADI)
LOCATION	Ocotlan, Jalisco.
THEME OR AREAS OF PROJECT	Children / education / human development / disadvantaged
AIMS OF THE PROJECT	CADI looks to protect and care for children, from 6 months to 6 years old, who are vulnerable conditions. CADI also promotes a culture of prevention and responsibility for the families.
PROJECT'S ACTIVITIES	<ul style="list-style-type: none"> -Provide initial and preschool education to children -Provide health care services, counseling, food, and shelter. -Provide parental guidance -Provide educational services to the children. -Take care of children of working mothers -Teach human values to kids
COMMUNITY CONTEXT	<p>Children of single working parents, who are exposed to situations that endanger their physical and emotional being.</p> <p>Most of the children come from dysfunctional and poor families.</p>
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -Responsible -Respectful -Interest in working with children -Patience and energy -Desirable: -Basic level of Spanish
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Support with sports lessons -Play with children -Support in cooking -Assist the teachers -Check that children's belongings (clothes, shoes, etc.) are clean, complete, etc.
NUMBER OF VOLUNTEERS IN PROJECT	3
HOST SITUATION	Host family
TIME TABLE	Monday to Friday from 8:00 to 15:00hrs.

NAME OF THE PROJECT	NIÑOS Y ADOLESCENTES EN ARMONIA
LOCATION	Guadalajara, Jalisco
THEME OR AREAS OF PROJECT	Children / youth / integral development / education / emotional support
AIMS OF THE PROJECT	The project looks to contribute to the integral development of children and adolescents in vulnerable situations (psychological and learning problems), in order to promote their personal and social growth.
PROJECT'S ACTIVITIES	<p>We are divided in two areas:</p> <p>–Children Development Center(CENDI): it supports children and adolescents to complete their primary and secondary education, through a comprehensive training and support strategy (School breakfast, ethics classes, sports lessons, nutritional monitoring, psychological support, and flag ceremonies).</p> <p>Family Development Center (CEDEF): it gives psychological support to children with learning disabilities and/or negative conducts. It also provides family activities to build healthier and harmonious relations.</p>
COMMUNITY CONTEXT	Most children and adolescent participating in the project have malnutrition and lack emotional support.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> –Proactive –Empathetic and sensible to other's people situations –Patience and responsibility –Teamwork
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> –Support in daily tasks –Help in the organization and implementation of workshops
NUMBER OF VOLUNTEERS IN PROJECT	5
HOST SITUATION	The volunteer will live in the project
HOLIDAYS	According to your program.
TIMETABLE	Monday to Friday, from 8:30 a.m. to 4:30 pm.

NAME OF THE PROJECT	ALBERGUE INFANTIL LOS PINOS A.C.
LOCATION	Zapopan, Guadalajara, Jalisco
THEME OR AREAS OF PROJECT	children / youth / integral development
AIMS OF THE PROJECT	<p>Albergue Infantil los Pinos AC. was founded in 1987 in order to support children in vulnerable situations and extreme poverty, by providing them with the tools to become good citizens, self-sufficient humans and promoters of a better society.</p> <p>Children and adolescents come to our Albergue from difficult backgrounds (lack of love, malnutrition, and depression/fears caused by psychological and sometimes physical abuse).</p> <p>The project has two houses:</p> <ul style="list-style-type: none"> -House of Children: Serving 70 children from 4 to 12 years old -Youth House: Serving 30 minors between 13 and 18 years old. <p>The project wants to be a home for children who for any reason have none.</p>
PROJECT'S ACTIVITIES	<p>Albergue Los Pinos fundamental tasks are:</p> <ul style="list-style-type: none"> -Help the children to solve emotional problems through therapy. -Help children to regain their self-confidence and love for others. -Provide them with the necessary tools for adequate social integration. -Provide professional support to the children, youth and their families.
COMMUNITY CONTEXT	The volunteer will be surrounded by children and adolescents with physical, social, cultural and emotional damage. The majority have learning disabilities, and health, nutrition, and hygiene problems. The beneficiaries of the program come from violent and poor colonies.
VOLUNTEER'S REQUIREMENTS	<p>Skills required from volunteers.</p> <ul style="list-style-type: none"> -Be patient with children and adolescents. -Tolerance to frustration. -Empathy and sensitivity to other people's situation -Teamwork and responsibility -Good presentation. -Fast learner and capable of understanding and following the educator's decisions to deal with the kids -Interest in fieldwork -Proactivity -Punctuality
VOLUNTEER'S TASKS	<p>The volunteer will support in different areas:</p> <ul style="list-style-type: none"> -Support in teaching tasks

	<ul style="list-style-type: none"> -Support in recreational activities -Accompany the beneficiaries of the program -Monitor data records. -Promotion of ecology and cultural activities. -Support in administrative tasks -Support in the coordination of the program.
HOST SITUATION	Host family
HOLIDAYS	According to your program.
TIMETABLE	Monday to Friday, from 9 am to 5 pm, includes time for lunch at 2 pm.

NAME OF THE PROJECT	CASA SAN JUAN BOSCO
LOCATION	Comitán de Domínguez, Chiapas.
THEME OR AREAS OF PROJECT	Children / girls / disadvantaged / physical and psychological abuse / human development
AIMS OF THE PROJECT	<p>The project looks to:</p> <ul style="list-style-type: none"> -Provide a good and safe environment for the girls. -Cover basic needs, such as food, shelter, education, etc. -Teach them human and Catholic values. -Integrate them into society.
PROJECT'S ACTIVITIES	<ul style="list-style-type: none"> -Take care of children from 3 to 10 years old -Wake up the children in the morning (between 7 and 8 a.m. depending on the day) -Help the children to take a shower and have breakfast. -Help children to do their homework and to get dressed for school. -Taking them to school.
COMMUNITY CONTEXT	The girls at Casa San Juan Bosco come from abusive and difficult backgrounds. Most of their parents are alcoholic and live in poverty.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -Only female. -Have emotional maturity. -Be prudent. -Reliable and sincere. -Be open. -Have a good attitude of service. <p>Desirable:</p>

	-Some volunteers prepare cultural or recreational activities for the girls.
VOLUNTEER'S TASKS	-Being with the girls. -Help them to take showers. -Help them to get dressed, make their beds, arranged their clothes. -Help them with their homework -Play with them -Being with them in the dining room
HOST SITUATION	In the project. The volunteer will have a private room and bathroom.
TIMETABLE	Monday to Friday, from 7:00 to 14:00 and from 17:45 to 20:30

ORPHAN CHILDREN/ADOLESCENTS

Mexico is the second country in Latin America with more orphans. Without civil and public institution taking care of them these children will be living in the streets and in danger of exploitation. Orphanages provide care, education and nourishment to children and adolescents improving their quality of life and raising better citizens in the future.

NAME OF THE PROJECT	ALDEAS S.O.S.
LOCATION	Tuxtla Gutiérrez, Chiapas.
THEME OR AREAS OF PROJECT	Children / disadvantaged / disabled
AIMS OF THE PROJECT	Aldea S.O.S. is an international NGO that has been working since 1949. It looks to provide children with basic necessities and protect their human rights. This project gives a permanent home and a healthy environment for children. It helps them to build their own future and to be involved in the development of their communities.
PROJECT'S ACTIVITIES	Aldea SOS provides a family structure for children. Each kid lives in a house with an "SOS Mother", and play in the village with other children, as brothers and sisters do. The project also provides physical and psychological rehabilitation through different kinds of therapy.

	Finally, Aldeas SOS helps the community through social centers, kindergartens, clinics, training centers and schools for the general public.
COMMUNITY CONTEXT	Abandoned and disabled children who have lost their parents or who are no longer able to live with them.
VOLUNTEER'S REQUIREMENTS	-Intermediate level of Spanish -Interest in working with children and youngsters with disabilities -Enthusiasm and willing to help others -Patience and sensibility
VOLUNTEER'S TASKS	-Assist teachers in academic tasks -Assist teachers during physical rehabilitation -Assist in sports lessons for children with or without disabilities. -General support in the village
NUMBER OF VOLUNTEERS IN PROJECT	2
HOST SITUATION	Host family in Tuxtla Gutiérrez, Chiapas.
HOLIDAYS	According to the program
TIMETABLE	From Tuesday to Saturday, from 9 a.m. to 3 p.m.

NAME OF THE PROJECT	ALBERGUE INFANTIL SALESIANO
LOCATION	Tuxtla Gutiérrez, Chiapas
THEME OR AREAS OF PROJECT	Children / youth / orphans / human development / disadvantaged
AIMS OF THE PROJECT	The project looks to contribute to the positive development of orphan children and adolescents in Tuxtla Gutierrez, Chiapas. Fulfill the basic needs of the children, such as food, shelter, clothes, healthcare, and access to education. Rescue children and teenagers suffering from physical and psychological abuse Teach Christian values to the children.
PROJECT'S ACTIVITIES	-Generate a safe and open atmosphere where students can feel respected and loved. -Provide psychological attention to children. -Provide computer lessons. -Provide different workshops for mothers and children.

COMMUNITY CONTEXT	The <i>Albergue Infantil Salesiano</i> offers support to two different groups: Indigenous women that, for economic reasons, have to leave their children in the project to work Abandoned children.
VOLUNTEER'S REQUIREMENTS	-Patience -Passion for working with children and adolescents -Friendly -Proactive -Creative
VOLUNTEER'S TASKS	The volunteer will help with daily activities at the house, like washing clothes and coordinate activities. He/she will also support the staff during the different workshops. The volunteer will take care of the children: play with them, listen to them and help them in their daily activities.
NUMBER OF VOLUNTEERS	2
HOST SITUATION	In the project or with a Mexican family
HOLIDAYS	According to the program
TIMETABLE	Monday to Friday from 12:30 to 19:00 hrs

NAME OF THE PROJECT	CASA HOGAR MARIA DE NAZARETH A. C.
LOCATION	Tuxtla Gutiérrez, Chiapas.
THEME OR AREAS OF PROJECT	Youth (girls and indigenous) / poverty / human rights / integral development
AIMS OF THE PROJECT	The project is an orphanage that looks to: -Provide girls with food, clothes, and education. -Provide a lifestyle away from the streets -Guarantee the human rights of the girls (avoid work exploitation, violence and prevent them to live in the streets.) -Help the girls to obtain and practice values.
PROJECT'S ACTIVITIES	The project provides a holistic experience for the development of the girls. The project provides psychological attention, education, recreational activities, food, clothing, etc.
COMMUNITY CONTEXT	Currently, the house helps girls between 12 and 18 years old, who come from indigenous areas in Chiapas.
VOLUNTEER'S REQUIREMENTS	Casa Hogar María de Nazaret is a religious organization and they require that volunteers:

	<ul style="list-style-type: none"> -Want to share their life with the girls. -Show interest in learning or developing their Spanish skills to help better the girls. -Respect the religious practices in the community. -Flexibility to participate in the different activities of the organization.
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Take care of the girls and play with them. -Help the girls with their daily activities. -Help in the organization and coordination of workshops -The volunteer is free to propose different workshops for the girls. -Support teachers when need it
NUMBER OF VOLUNTEERS IN PROJECT	1
HOST SITUATION	In the project or a host family in Tuxtla Gutiérrez.
HOLIDAYS	According to the program
TIMETABLE	Monday to Friday from 10.00 to 18:00

COMMUNITY DEVELOPMENT

Community development (CD) entails many areas: capacity building, social capital, community management, leadership, participatory needs assessment, etc. CD helps communities to work together for the well of all its members. If well implemented, it can boost confidence in the community, collective work, quality of life of the inhabitants, etc. TECHO has two main activities: CD and construction. Macochoa doesn't have CD as part of its aims, but its work with elders and children in the community is bringing CD in an indirect way.

NAME OF THE PROJECT	TECHO PUEBLA
LOCATION	San Juan Cuautlancingo, Puebla.
THEME OR AREAS OF PROJECT	Community development / Disadvantaged / Construction
AIMS OF THE PROJECT	Through the joint action of the community's inhabitants and young volunteers, "Techo Puebla" seeks to overcome the situation of poverty in which million of people living in settlements are.
PROJECT'S ACTIVITIES	TECHO's program focuses on community work, which is divided in 4 field areas:

	<p>Social Research: They are in charge of detecting, mapping and evaluating the communities where TECHO can intervene and raise the necessary information in each one of them.</p> <p>Community Management: This fundamental area is in charge of the relationship and the link with the communities where TECHO does its activities. They focus on the development of social skills in the inhabitants and the formation of community leaders who serve as main actors in the search to improve the situation of their communities.</p> <p>Programs and Projects: this area is responsible for developing, planning and managing action plans, programs, and projects that respond in a more concrete way to the problems that afflict the communities. It is concentrated in 3 main branches: Health, Education, and Work. They give timely follow-up to each of the communities where there are programs and projects.</p> <p>Housing and Habitat: They are responsible for carrying out all infrastructure projects and habitat improvements within the communities where TECHO works. Its main activities are the construction of emergency housing and the management and execution of community infrastructure projects.</p>
COMMUNITY CONTEXT	<p>In the state of Puebla, TECHO works with marginalized communities. The main characteristics of these communities are the lack of basic services, the situation of poverty or extreme poverty, discrimination, segregation, violation of human rights and inequality of opportunities. The main groups TECHO works with are adults over 30 and children between 6 and 12 years old. Currently, we work permanently in three communities located in the municipalities of Puebla (San Isidro Tlalcostepetl), Acajete (San Juan Tepulco) and Amozoc (San Mateo Mendizabal).</p>
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -Availability on weekends -Responsibility -Transformative vision -Interest to learn -Good communicators -Interest in working with communities different from yours -Interest in fieldwork
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Planning schedules

	<ul style="list-style-type: none"> -Writing field diaries -Research on community and social issues -Mapping through community walks -Visits to communities for information -Activities in community during weekends -Weekly face-to-face meetings -Office support -Work with children in primary stage -Construction of emergency housing
NUMBER OF VOLUNTEERS IN PROJECT	1
HOST SITUATION	Host family
HOLIDAYS	According to the program
TIMETABLE	According to the activities. 2 days off per week.

NAME OF THE PROJECT	FUNDACIÓN MACOCHOA ABRAZAR A.C.
LOCATION	Cuernavaca, Morelos.
THEME OR AREAS OF PROJECT	Elders / children / education / disadvantaged / companionship
AIMS OF THE PROJECT	The main objective of the Foundation is to generate spaces where elders can increase their quality of life through community and family development. Nevertheless, the project cooperate with the whole community help elders, and also support a community kindergarten. In this project, you will be working with elders and children.
ACTIVITIES OF THE PROJECT	<p>WITH ELDERS</p> <p>“Casas de día” (Day House) A house where elders receive warm food, do recreational activities and make friends.</p> <p>“Visitas a domicilio” (home visit) Members of the organization make home visits to the elders (once a week), especially those that are sick or cannot leave their houses frequently.</p> <p>“Eventos Especiales” (Special events) During special dates (Christmas, birthdays, etc.), the organization prepares</p>

	<p>parties or special meals for the elders.</p> <p>“Vacaciones amigas” (Friendly Vacations)</p> <p>Macochoa offers friendly vacations to elders. The objective is to break the routine and make them forget for a couple of days their daily problems, besides meeting and sharing time with friends and young people.</p> <p>WITH CHILDREN</p> <p>Gross and fine motor coordination activities</p> <p>Help small children (2-4 years old) to enable the right physical development of kids before starting formal education.</p> <p>Cognitive activities</p> <p>Help small children (2-4 years old) to develop intellectual skills. Without this training they will start formal education with poor abilities (most of the parents work all day and pay little attention to children)</p>
COMMUNITY CONTEXT	<p>The organization is located in an extremely poor community in Morelos. The people in the community struggle to find jobs, and most of them are uneducated and prefer to work and support their families. That is also another reason of why so many elders are abandoned and live off charity.</p>
VOLUNTEER’S REQUIREMENTS	<p>Compromise and passion for working with elders and children</p> <p>The volunteer should have a sincere and strong motivation to help people in a vulnerable situation.</p> <p>Altruism</p> <p>The project looks for generous and humanitarian people, who do not hesitate to help in the project’s activities</p> <p>Understand the importance of affection</p> <p>Elders and children suffer from lack of love. They need someone that hugs them, accompany them, etc.</p> <p>Ethical person</p> <p>Understand that we live in an unfair and unequal world, where elders tend to be ignored. We, as global citizens, should be aware and be responsible to create a better life for those who are rejected.</p>
VOLUNTEER’S TASKS	<p>The main activities are:</p> <ul style="list-style-type: none"> - Accompany an elder for at least 2 hours per week in his or her private house. - Participate in recreational activities (physical therapy, lunch, etc.) - Collaborate in the organization of activities and programs. - Assist professors with children during lessons - Help cleaning the classroom after class

NUMBER OF VOLUNTEERS	1-2
HOST SITUATION	In a host family
HOLIDAYS	According to your program and project.
TIMETABLE	Monday to Friday 9:00 – 12:30 work with children 12:30 – 4:00 work with elders

ENVIRONMENT (ANIMALS & VEGETATION)

Protect and take care of the environment is at the top of the international development agenda. Mexico is home of a vast variety of vegetation and animals. While indigenous communities still understand the dependency of humans to nature, modern citizens have forgotten how to interact with it. Projects like the ones below try to reconnect people with nature once more.

NAME OF THE PROJECT	JARDIN ETNOBOTANICO FRANCISCO PELAEZ R.
LOCATION	San Andrés Cholula, Puebla, México.
AIMS OF THE PROJECT	Community / ecology / development / garden
THEME OR AREAS OF PROJECT	<p>The Ethno-botanical garden shares knowledge with visitors about the importance of the environment. The project understands the garden as a community project, a community that is learning and experiencing through contact with the natural environment.</p> <p>The project looks to:</p> <ul style="list-style-type: none"> a) Show the community the importance of plants, not only for its natural value but also for their utility and pleasure they provide to humans. b) Encourage visitors to create living spaces in their homes, jobs, and schools. c) Community awareness on the need for their involvement in the conservation of our natural resources. d) Become a research and conservation center.
PROJECT'S ACTIVITIES	<p>The garden project is divided into 5 areas:</p> <p>PLANTS: The project creates plant collections according to types of</p>

	<p>vegetation.</p> <p>INSECTS: The project creates collections according to the insects and vegetation in the garden</p> <p>BIRDS: Creates awareness in different types of birds and the importance of protecting them. In order to do so, the project uses an interactive catalog of birds, observation tours and educational workshops.</p> <p>EDUCATION: This area focuses on various activities: Guided Tour in the garden; Workshops about plants, insects, and birds; Summer School for children; Volunteering, etc.</p> <p>COMMUNICATION: events with the community, use of social media, etc.</p>
COMMUNITY CONTEXT	The city of Cholula is part of Puebla City's metropolitan area. There are about 118,170 inhabitants.
VOLUNTEER'S REQUIREMENTS	Real commitment to the project, responsibility, punctuality and availability.
VOLUNTEER'S TASKS	<p>The volunteers will participate in all the areas of the project.</p> <p>The specific tasks are:</p> <ul style="list-style-type: none"> -Help in gardening activities -Help in the bookstore, like making index cards. -Collect information on the plants (inventory). -Welcome visitors: give a short introduction to the garden. -Guide tours in the garden -Office support: recollect and organize data in word and excel -Cooperate and attend different events organized by the project -Support during the workshops for children
NUMBER OF VOLUNTEERS IN PROJECT	1 (Maximum 6 months)
HOST SITUATION	Host family
TIMETABLE	Wednesday to Saturday from 9:00 to 14:00 hrs.

NAME OF THE PROJECT	DAME UNA PATA
LOCATION	San Cristóbal de las Casas, Chiapas
THEME OR AREAS OF PROJECT	Animal welfare

AIMS OF THE PROJECT	Create societies where animal's rights are respected by authorities and civil society alike. Assure the welfare of all animals
PROJECT'S ACTIVITIES	Promote and defend the rights of the animals in the state of Chiapas Rescue animals living in the streets, take care of them, and find them loving families. Create awareness and education campaigns to teach civil society about animal's rights and good practices in the care of pets. Encourage responsible adoption.
COMMUNITY CONTEXT	In San Cristobal de las Casas there is a law in favor of animal welfare. Nevertheless there is still a big gap between the intention and the implementation of the law.
VOLUNTEER'S REQUIREMENTS	-Willingness to work with dogs and cats -Willingness to camp a couple of days per week in the temporary home for street animals until a hunt is built (the volunteer will be living the rest of the time in the town). -Love for animals and nature -creativity to work with social networks and other marketing materials -Outspoken (the volunteer will have to talk with people about animal's rights, etc.)
VOLUNTEER'S TASKS	-Clean the temporary home for street animals -Feed the animals (mostly dogs and cats) -Walk the animals -Work with social networks -Help in the construction of a hunt, etc. -Help in adoption campaigns (take pictures of animals, do flyers, go to schools, etc.)
NUMBER OF VOLUNTEERS	1-2
HOST SITUATION	Host family and camping
HOLIDAYS	According to the program
TIMETABLE	According to the activities. 2 days off per week.

EDUCATION

Good quality education is a given in many developed countries. In Mexico, it is a luxury. By volunteering in low-resources schools, you provide children and youth with an international experience that otherwise cannot have.

NAME OF THE PROJECT	PROGRAMA ESPERANZA DE MEXICO
LOCATION	Puebla, Puebla.
THEME OR TYPE OF PROJECT	Children / youth / disadvantaged / education
AIMS OF THE PROJECT	<p>The project was created with the hope of increasing the educational level of children and youth in Mexico. It focuses its efforts on people with low resources or/and difficult backgrounds.</p> <p>Program Esperanza was in the first place an initiative of Catholic priests who were looking to help the most vulnerable, but since 2010 Programa Esperanza is a secular non-profit organization.</p> <p>The program looks to educate the new generations of citizens with academic knowledge and human values.</p>
PROJECT'S ACTIVITIES	<p>Programa Esperanza works in the following fields:</p> <p>Provides training to teachers.</p> <p>Provides physiological support to families and children who have faced difficult situations.</p> <p>Gives support to schools in order to develop educational programmes with human values.</p> <p>Sends volunteers to different schools in Puebla. Most of them are schools with scarce resources.</p>
VOLUNTEER'S ACTIVITIES	<p>The volunteer will support teachers in schools where they are following the Programa Esperanza's educational method.</p> <p>The volunteers will provide lessons in three different areas, from kindergarten to middle school:</p> <ol style="list-style-type: none"> 1) Artistic activities: Support professors to develop the artistic talents of students. Volunteers can bring ideas of activities. 2) Cultural events and activities: This is a very important part of the project as we ask volunteers to share their culture and history. Students have shown a lot of interest in these activities and therefore volunteers must be prepared to present his/her country to students. 3) Sports activities: Volunteers help with sports lessons. They play and guide students during sports classes.
HOST SITUATION	Host family in the City of Puebla

TIMETABLE	Volunteers will work from Monday to Friday from 7:00 to 14:00 * Sometimes schedule can change depending of the school
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NAME OF THE PROJECT	JARDIN DE NIÑOS JOAQUÍN FIGUEROA
LOCATION	Ocotlán, Jalisco
THEME OR AREAS OF PROJECT	Children / education / disadvantaged
AIMS OF THE PROJECT	<p>Kinder garden "Joaquin Figueroa" is a public institution, which focuses on providing the best education at the preschool level, so children can develop life-lasting skills and gain a global vision.</p> <p>Other objectives are:</p> <ul style="list-style-type: none"> -Provide them with opportunities and skills for their development. -Increase their multi-cultural learning -Develop language skills -Provide free education to children with low economic resources.
PROJECT'S ACTIVITIES	<p>In the project, children receive care and education according to their age.</p> <p>The regular activities are:</p> <ul style="list-style-type: none"> - handcrafts - exercise - games - learning and integration activities <p>The Jardín de Niños Joaquín Figueroa also gives talks and workshops for the families.</p>
COMMUNITY CONTEXT	Most of the children who attend this kindergarten come from dysfunctional and poor families. Moreover, as a public institution, the kindergarten lacks enough resources for its activities. Therefore, the volunteer might be able to see a different reality from his/her country.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> - Interest in working with children - Responsible and motivated to help others - Patient - Punctual - Willing to help - Openness and flexibility - Knowledge of the English language - Management skills
VOLUNTEER'S TASKS	-Assist the teachers in daily activities, like check the homework.

	<ul style="list-style-type: none"> -Support during sports lessons -Develop workshops (art, music, sports, etc.) for children. -Support during English and computer lessons. -Interact with the children and offer them his/her support in their daily tasks.
NUMBER OF VOLUNTEERS IN PROJECT	3
HOST SITUATION	With a family
HOLIDAYS	According to your program
TIMETABLE	Monday-Friday, from 9:00 to 12:00pm, and from 14:30 to 17:30hrs.

NAME OF THE PROJECT	CENTRO DE CAPACITACION PARA EL TRABAJO INDUSTRIAL No. 120 (CECATI)
LOCATION	Ocotlan, Jalisco.
THEME OR AREAS OF PROJECT	Education / youth
AIMS OF THE PROJECT	CECATI is a public institution, which offers high quality education, so Mexican youth can gain the necessary skills to enter the job force and have a better future.
PROJECT'S ACTIVITIES	CECATI teaches 8 specialties: English, informatics, cosmetology, furniture design, welding, electrical studies, industrial clothes manufacture, and personal welfare.
COMMUNITY CONTEXT	Classrooms are formed by 15 years old students interested in learning English, so they can have better job opportunities in the future.
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -Know English language -Desire for sharing their knowledge and culture -Availability -Interest in working with teenagers
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -The volunteer will help students to practice English by speaking with them. -Teach student English

NUMBER OF VOLUNTEERS IN PROJECT	1 or 2
HOST SITUATION	Host Family
TIME TABLE	Monday to Friday from 09:00 - 13:00 and from 16:00 - 18:00 Hrs

NAME OF THE PROJECT	C.B.T.I.S
LOCATION	Ocotlán, Jalisco
THEME OR AREAS OF PROJECT	Youth / education / disadvantaged
AIMS OF THE PROJECT	C.B.T.I.S. is a public institution that provides quality education in order to further the skills and knowledge of young Mexicans.
PROJECT'S ACTIVITIES	-Provide high school education -Provide technical skills (mechanics, sewing, etc.) -Provide extracurricular activities, such as football, theater, music lessons, etc.
COMMUNITY CONTEXT	Students, from 16 to 19 years old, attending the school come from different social backgrounds.
VOLUNTEER'S REQUIREMENTS	-Interest in working with young people. -Be able to manage and coordinate groups. -Responsible. -Punctuality
VOLUNTEER'S TASKS	-Help to teach English -Depending on the volunteer, help in other areas (mechanics, sport lessons, etc.)
NUMBER OF VOLUNTEERS IN PROJECT	1
HOST SITUATION	Host family
HOLIDAYS	Depending on your program
TIMETABLE	Monday-Friday, from 15:00 to 20:00hrs.

PEOPLE WITH DIFFERENT ABILITIES

People with different abilities can do everything, just in a different way that we are used to. The problem is when society, infrastructure, etc. is not ready to adapt to this different manners. Projects working with people with different abilities look to enhance people's skills to adapt to a world that is not always thought for them.

NAME OF THE PROJECT	VEAMOS CON EL CORAZON
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Disabled people / education / children / youth / elderly / disadvantaged
AIMS OF THE PROJECT	<p>The aims of Veamos con el Corazon are:</p> <ul style="list-style-type: none"> - Help to develop independent and productive citizens, through customized education for people with visual impairments, and by awakening in them the need to set goals and create new expectations. - Contribute to the educational, employment and social inclusion of people with visual disabilities. - Raise awareness and sensitize people on the current problems of people with visual disabilities.
PROJECT'S ACTIVITIES	<ul style="list-style-type: none"> -Give workshops to visually impaired people with limited economic resources. The workshops offered are the following: oratory, theater, computing, cooking, crafts, singing, music, braille, yoga, photography, etc. -Accompany students in different events outside the institution. -Help to organize fundraising events, such as the Athletic Race and Dinner in the Dark. -Help to promote the organization, through student events.
COMMUNITY CONTEXT	<p>The project is in Toluca, a big city located very near to Mexico City. The population served are children from 0 months to elders who have a visual disability.</p>
VOLUNTEER'S REQUIREMENTS	<p>Patience and tolerance Empathy Creativity Flexibility Willing to work with people with visual impairment.</p>
VOLUNTEER'S TASKS	<p>Support teachers in the workshops offered by the institution. Watch out children and youth when entering and leaving school, and</p>

	<p>at lunchtime.</p> <p>Support the various activities and events of the institution, such as Christmas, civic ceremonies, visits to museums, fundraising events, etc.</p> <p>Support in marketing and promotion activities.</p>
NUMBER OF VOLUNTEERS IN PROJECT	2
HOST SITUATION	Host family
HOLIDAYS	According to your program.
TIMETABLE	Monday to Friday. From 9:00-15:00

NAME OF THE PROJECT	INTEGRA
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Youth / elders / disabled / mental health / health
AIMS OF THE PROJECT	<p>Integra is a non-profit association, which works with people with a mental health problem (Down Syndrome, Autism, etc.). The project assists its beneficiaries since they turn 18 years old until they grow old.</p> <p>Integra trains its beneficiaries in order to integrate them into the job force.</p>
PROJECT'S ACTIVITIES	<p>Integra trains its beneficiaries in three economic activities:</p> <ol style="list-style-type: none"> 1. Production of sanitary napkins. 2. Production of party articles. 3. Elaboration of piñatas.
COMMUNITY CONTEXT	<p>The beneficiaries live with their families near the project in downtown Puebla.</p> <p>Integra works with people that have a mental disadvantage: Autism, Down's Syndrome, etc. Their families take them every day to the project. At Integra's building, they keep a very peaceful atmosphere and make sure that everyone receives special attention.</p>
VOLUNTEER'S REQUIREMENTS	<p>Mainly, the volunteers need to be patient because he/she will be surrounded by people with mental incapacities and it can take time to teach them.</p> <p>It is also important to be sensitive and positive. The volunteer needs to be</p>

	<p>very open and try to talk to them and gain their trust.</p> <p>The project does not ask for any technical or manual skills, but they prefer if the volunteer speaks a little bit of Spanish because no one in the project speaks another language and it can be very frustrating for the volunteer, staff, and youngsters.</p>
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Take care of mentally disabled people. Be with them, talk to them and supervise them while they do their tasks. -Help the beneficiaries of the program to improve their manual skills. -Supervise manufacture of sanitary napkins. <ul style="list-style-type: none"> •Check the envelopes. •Check if they were packed right. •Check the number of sanitary napkins per package •Help them in the process when someone requires it. -Supervise manufacture of party articles. <ul style="list-style-type: none"> •Help to clean the cans. •Take care of the people who are cutting the paper. •Supervise that each article was made properly. -Supervise the elaboration of "piñatas". <ul style="list-style-type: none"> •Check that all the material is there. •Check each piñata. •Help them in the process when someone requires it. -Administration: <ul style="list-style-type: none"> •Help with administrative work. •Help the youngsters in the process when they require it.
NUMBER OF VOLUNTEERS IN PROJECT	One or two
HOST SITUATION	Host family in the city of Puebla.
HOLIDAYS	According to the Program
TIMETABLE	Monday to Friday

NAME OF THE PROJECT	VALORA A.C.
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Children / youth / elders / disabled / health / disadvantaged
AIMS OF THE	The aim of "Valora" is to promote the development of skills and abilities of

PROJECT	children, youth and adults with autism, through various psycho-educational activities, personalized programs, specialized methodology, evaluation, diagnosis, and close work with families, so they can live happily in different social environments.
PROJECT'S ACTIVITIES	<p>1. SPECIAL-CARE PROGRAM FOR CHILDREN: It consists of intensive interventions designed to address the particular needs of each child. Experts in the project combine behavioral and humanistic methods such as TEACCH, IPECS, ABA, among others. The result is specialized programs that address all aspects of child development, including language, social relations and behavior. These programs provide support as the axis of teamwork with the families of these children.</p> <p>1.1 Remote Mode: Valora has distance learning programs for students who cannot attend the center because of financial reasons.</p> <p>2. SCHOOL INTEGRATION: Through this program, beneficiaries who have a higher degree of progress, are partially integrated (at first) to both individuals and private regular schools.</p> <p>3. PRE-EMPLOYMENT WORKSHOPS BEGINNERS: With the aim of contributing to the insertion of the beneficiaries to the workforce, the project offers training and workshops. This program has managed to start training with 10 children in manual skills (embroidery and weaving) and cooking (chopped and food production). It aims to ensure equal opportunities and ensure the full enjoyment of human rights.</p> <p>4. AWARENESS AND TRAINING: VALORA train parents, school's members, and others to assure social participation in the topic.</p> <p>5. RESEARCH: We collaborate and participate in national and international research with universities and other organizations.</p> <p>6. GRANTS: Valora is an institution that understands the needs of families who have a child with autism, especially if the family does not have the financial resources to cover the expenses generated by it. To meet these needs, Valora has generated economic projects, infrastructure, equipment, training, among others; with the firm intention of helping children, youth and adults with autism to improve their living conditions.</p>
COMMUNITY CONTEXT	The project assists children and youth, from 3 to 20 years old, with autism. The families come from all social ranks, but at least 60% of them are poor.
VOLUNTEER'S	-Teamwork: be able to work with children, other volunteers, and therapists.

REQUIREMENTS	<ul style="list-style-type: none"> -Compromise: act with responsibility and respect at all times. -Interest in working with children - Patience
VOLUNTEER'S TASKS	<p>Therapists do a weekly work plan, where they will assign activities to the volunteer. The volunteer will be assigned to a specific workgroup and kid. Some of the activities that the volunteer will perform are the following:</p> <ul style="list-style-type: none"> -Help in the development of children with autism -Support for therapists -One to one work with children -Guide children in their learning and socialization process -Receive training for the job -Help children in their homework -On Tuesday, the volunteer will help in the gym. -Monday, Tuesday and Wednesday the volunteer will help in the workshops imparted to older students. -The volunteer will keep and present reports.
NUMBER OF VOLUNTEERS	1
HOST SITUATION	Host family
HOLIDAYS	Depending on the program
TIMETABLE	Monday to Friday. From 3:00 a 7:30 p.m. (Summer timetable: Monday to Friday from 9:00 a.m. to 13:00 p.m.)

NAME OF THE PROJECT	CIPAAC
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Health / disadvantaged / children / youth / adults / disabled
AIMS OF THE PROJECT	The main objective of CIPAAC is to integrate people with a mental incapacity into society
PROJECT'S ACTIVITIES	CIPAAC's main activity is to provide training and workshops to its beneficiaries: computer, music, painting, bakery, dancing.
COMMUNITY CONTEXT	CIPAAC is located in the west of the city, near San Andres de Cholula. The people with who you will be working come from mainly low resources families, and have difficulty in finding a job and integrate to

	society as independent citizens due to a lack of proper education and opportunities.
VOLUNTEER'S REQUIREMENTS	-Basic level of Spanish. -Volunteers should be patient and have a commitment to care for people. -The volunteer shall accept and respect the students.
VOLUNTEER'S TASKS	-Assist teachers -Provide computer and sport lessons -Take care of the beneficiaries -Help in the bakery workshop and the greenhouse -The volunteer can create a workshop
NUMBER OF VOLUNTEERS IN PROJECT	1
HOST SITUATION	Host family in the city of Puebla
TIMETABLE	Monday to Friday

NAME OF THE PROJECT	APAC I.A.P.
LOCATION	Mexico City
THEME OR AREAS OF PROJECT	Disadvantaged / disabled people / children / adult / youth
AIMS OF THE PROJECT	APAC serves poor people with cerebral palsy, from birth to adulthood, by providing education services and comprehensive rehabilitation. <u>Secondary objectives are:</u> -Provide individualized education to our students looking to achieve their maximum development, in an environment that promotes self-esteem, and encourage socialization with peers. -Achieve maximum possible rehabilitation of our patients through early detection and design customized physical and psychological rehabilitation programs. -Provide special training and necessary tools so they can get a job and achieve self-sufficiency, independence, and social inclusion. -Create awareness of the needs of people with cerebral palsy through advice, training, and participation with human rights organizations.
PROJECT'S ACTIVITIES	APAC I.A.P. provides comprehensive rehabilitation (biological, psychological and social) for people with cerebral palsy, from childhood to adulthood.

	<p>In order to achieve the former, the project works as a center of rehabilitation, with different areas of service:</p> <p>Educational services:</p> <ul style="list-style-type: none"> -Provide schooling from pre-school to high school to our beneficiaries. -Provide non-formal education for young people through different recreational workshops and training. <p>Rehabilitation services (physical therapy, occupational therapy, hydrotherapy, and communication):</p> <ul style="list-style-type: none"> -The project has an early intervention service with high-risk babies. This is a preventive program where they teach the parents how to monitor their baby and encourage his/her development. -Provide individualized and customized attention to each one of their students. -Provide food to participants. The food is prepared and brought to the center by their parents. The project team supports students that, because of their level of disability, cannot feed themselves independently. -The Psychology Department provides family caregiving courses, talks on specific topics and group/individual therapy. We also provide individual therapy to students who request for it or the project detects that they require service.
<p>COMMUNITY CONTEXT</p>	<p>Most of the families that attend to APAC are poor people. Students are divided into 3 educational centers according to their age and/or skills:</p> <p>1. Early Learning, Preschool & Elementary This group is comprised of infants from 18 months to 3 years old of age, and who come with their parents 2 times per week.</p> <p>2. Middle and High School</p> <p>a) Groups organized according to the Secretary of Public Education (SEP) criteria (by age).</p> <p>b) Groups organized according to the National Institute of Adult Education (INEA) criteria (by interests and cognitive abilities)</p> <p>3. Education and Social Integration Centre Form by young people that cannot or they do not want to continue with formal schooling. The project provides workshops and training</p>
<p>VOLUNTEER'S</p>	<p>-Responsibility and altruism</p>

REQUIREMENTS	<ul style="list-style-type: none"> -Interest in working with people with disabilities -Team work -Responsibility -Respect for Human Diversity -Punctuality
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> -Support in the educational or rehabilitation area according to his/her studies. -Support students in activities that require a physical or academic effort. -Support students that cannot feed themselves -Support students in their therapies
NUMBER OF VOLUNTEERS IN PROJECT	7
HOST SITUATION	With a host family.
HOLIDAYS	According to your program.
TIMETABLE	Monday to Friday 8:00 to 14:00 or 9:00 to 15:00.

NAME OF THE PROJECT	ESCUELA UNIDOS PRO DOWN
LOCATION	Tuxtla Gutierrez, Chiapas.
THEME OR AREAS OF PROJECT	Children / disabled / youth / disadvantaged / education
AIMS OF THE PROJECT	Pro Down looks to improve the quality of life of children with Down Syndrome through education
PROJECT'S ACTIVITIES	<ul style="list-style-type: none"> -Take care of children and young people with Down's Syndrome -Provides them with education -Improve relations between the child and the family -Help children in their daily activities
COMMUNITY CONTEXT	<p>Pro Down is an association created by the parents of the children with the Down Syndrome.</p> <p>Some of the families attending the project have scarce resources. The project offers grants to children to these families.</p>
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -The volunteers must have a passion for children and education. -The volunteer must be patient, tolerant and flexible with children.
VOLUNTEER'S TASKS	- Provide general support to teachers, psychologists, therapists and all staff in the school.

	-Help feeding of the children -Supervise children during game time.
NUMBER OF VOLUNTEERS IN PROJECT	1-2
HOST SITUATION	Host family in Tuxtla Gutierrez, Chiapas
HOLIDAYS	According to your program.
TIMETABLE	

ELDERS

A growing elderly population is bringing questions like are we doing enough to ensure the elderly a good quality of life? and how can we sustain the society with the new order of things? One recurrent problem is the isolation of elderly in modern societies. After they working life and without family in the house, a lot of elders fall in extreme poverty situations and/or loneliness. The projects mentioned above help elders to feel valuable and increase their quality of life.

NAME OF THE PROJECT	ASILO "CARITAS"
LOCATION	Puebla, Puebla.
THEME OR AREAS OF PROJECT	Elders / disadvantaged
AIMS OF THE PROJECT	Asilo Caritas is a nursing home that takes care of old people who are homeless, don't have enough economic resources to pay for a private asylum or have been abandoned by their families. The age of the elders is between 60 to 90 years old.
PROJECT'S ACTIVITIES	This project takes care of around 70 elders 24/7. Elders receive all the care they need for their age: food, accommodation and a variety of recreational activities.
COMMUNITY CONTEXT	The project is near downtown Puebla. The neighborhood is surrounded by several schools and therefore, it is a very busy area during the day.
VOLUNTEER'S REQUIREMENTS	They need to have the interest, patience and willingness to work with adults and elders.
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> ➤ To take care of elders (help to bring them food, take them in wheelchairs, etc.) ➤ Accompany the elders.

	<ul style="list-style-type: none"> ➤ Talk and play with them. ➤ Propose dynamic games or activities.
NUMBER OF VOLUNTEERS IN PROJECT	2
HOST SITUATION	Host family in the city of Puebla
HOLIDAYS	Depending on the program
TIMETABLE	Monday to Friday 09:00-14:00

NAME OF THE PROJECT	CASA DIA/ COMEDOR DE ADULTOS
LOCATION	Ocotlán, Jalisco
THEME OR AREAS OF PROJECT	Elders / disadvantaged
AIMS OF THE PROJECT	Provide a meaningful life for the elderly.
PROJECT'S ACTIVITIES	<p>Daily routines:</p> <ul style="list-style-type: none"> -Medical consultation -Activities such as music workshops, dance, yoga, and crafts. -Physical therapy -Groups of social communication <p>Adult Dining:</p> <ul style="list-style-type: none"> -Preparation of food for the elderly to serve there or to be taken home. -Distribution of food, breakfast, and lunch to the homes of single people, who have no family. -Help the cleanliness of utensils and cleaning the dining room.
COMMUNITY CONTEXT	Elders who are homeless or abandoned
VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> -Interest in working with elders -Be able to work under pressure -Availability -Patience -Kindness -Charisma
VOLUNTEER'S	-Daily routines: Monitor the elders, participate in workshop, take initiative

TASKS	(give suggestions to improve the project.) -Dining: Help to serve the food, Assist in the kitchen, Help in cleaning up.
NUMBER OF VOLUNTEERS IN PROJECT	4
HOST SITUATION	Host family
HOLIDAYS	According to program
TIMETABLE	Daily routines: 9:00 hrs. to 14:00 hrs and 16:00 hrs to 18:00 hrs. Monday to Friday. Saturday: 9:00 hrs. to 14:00 hrs. Dining: 6:00 a.m. to 15:00 hrs. Monday to Friday

CULTURE

Learning about another country's culture allows us to understand the value of other people's lives. Consequently, understanding shows us the route to respect. Therefore, we need to promote the culture of diverse countries to eliminate stereotypes and discrimination.

NAME OF THE PROJECT	INSTITUTO CULTURAL NORDICO GUADALAJARA A.C.
LOCATION	Guadalajara, Jalisco
THEME OR AREAS OF PROJECT	Culture / education
AIMS OF THE PROJECT	Promote Nordic* Culture in Mexico and Latin America. *Nordic countries (Sweden, Denmark, Finland, Norway and Iceland)
PROJECT'S ACTIVITIES	- Cultural activities: coordinate cultural events like gastronomic fairs, film projections, film festivals, book clubs, etc. - Education: provide Nordic languages and cooking lessons to the local community. - Others: organize presentations about Nordic countries in schools.
COMMUNITY CONTEXT	Guadalajara is the third biggest city in Mexico. The local community enjoys cultural activities, but lack knowledge of Nordic countries.
VOLUNTEER'S	-initiative

REQUIREMENTS	<ul style="list-style-type: none"> -creativity -patience -team work -interest in promote his/her culture through a creative talent (music, language, dance, cooking, etc.) -organizational skills -nationality: Sweden, Finland, Denmark, Norway or Iceland.
VOLUNTEER'S TASKS	<ul style="list-style-type: none"> - Support in the organization of cultural events - Support in marketing activities: manage social networks, attend radio interviews, create promotional material, etc. - Support in teaching his/her native language - Provide information to visitors about the institute and its exchange programs. - Support in workshops - Look for new alliances - Others
NUMBER OF VOLUNTEERS IN PROJECT	1
HOST SITUATION	The volunteer is expected to live in the project
HOLIDAYS	According to program
TIMETABLE	Depending on the activities (sometimes it will be required that you work on the weekends)

SIIJUVE – PRIORITY LIST 19/20

Please print and fill in this form in English or Spanish and give us your interests and project preferences by numbering the alternatives (1 as your first choice, 2 as your second and so on). SIIJUVE will place you in a project that match your interest and skills, but we cannot guarantee that you will be placed in your chosen project.

Areas of interest:

- Street Children
- Children with difficult family backgrounds
- Orphans
- Art
- Elders
- Disabled people
- Environmental projects
- Education
- Community Development
- Animals
- Culture

Volunteers skills and interests:

- Experience working with children
- Experience working with disabled people
- Experience working with elderly people
- Experience in ecological work
- Sports
- Manual skills
- Computers
- Theatre
- Music, arts
- Teaching

Please list the three projects you would like to work in and explain why:

1. _____

Reason: _____

2. _____

Reason: _____

3. _____

Reason: _____

Please feel free to add any other useful comments about your expectations, interests and skills that could help us to choose an appropriate project for you!

Volunteer's name and signature: