

UNITED PLANET TANZANIA



National Work Profile

2019 – 2020

About United Planet Tanzania (UPTZ)

- United Planet Tanzania is a volunteer-powered organization that strives to foment a deeper connection between Tanzania and other countries by engaging and leveraging volunteers, partner organizations and local communities. Our mission is to facilitate a greater cross-cultural understanding and to foster a long-lasting impact within societies by running cultural exchange programmes that can benefit all the participants involved.
- We became a partner of International Cultural Youth Exchange (www.icye.org) in 2009, as a local Tanzanian-based and non-profit UPTZ is decided to bridging the cultural gap between Tanzania and other countries. Through volunteer, community-based assistance, cultural exchange visits and homestays with local families, greater cross-cultural understanding and long-lasting impact within communities is forested.
- As the exclusive volunteer-powered organization, over the past five years UPTZ has placed 400+ volunteers and youth development consultants at different work projects in Tanzania, positively impacting communities throughout the country.
- We offer authentic and immersive volunteering opportunities, which enable our participants to make a difference and to experience a world outside of the ordinary without feeling like tourists. Volunteers can engage deeply with Tanzania by working and collaborating with local communities and by living with local host families.
- UPTZ works in five regions (Dar es Salaam, Morogoro, Arusha, Iringa, and Mwanza) with more than fifteen project partners included; civil society organizations, hospitals, dispensaries and health centres, orphanage centres, nursery and primary schools. With the aim of creating an experience that fits the participants' objectives and needs best, we run three different types of programmes; -
 - i. **Volunteer programme:** We recruit volunteers to work in one of our partner projects ranging from schools, hospitals and community centres to orphanages.
 - ii. **Internship programme:** We give the opportunity to skilled volunteers to practice the expertise they have acquired at their universities or workplaces and to share their knowledge with the local communities.
 - iii. **Volunteer and Travel programme:** We partner with travel companies to add a travel experience to the volunteer or internship programme and to allow volunteers to discover the natural beauty that Tanzania offers.

1.1: Highlights of the UPTZ Impact

400+	Number of volunteers over past five years
5	Number of regions where UPTZ works
20	Number of project partners
3	Number of partners (ICYE, UP, ODI)

1.2: Project partners & categories

CHAKUWAMA, MWANDALIWA, MEHAYO, EMFERD, WATOTO WETU	Orphanage centers
KCC, TYDC, V4Y, Network for Vulnerable Rescue Foundation (NVRF)	Community organizations
FARAJA TANDALE, GRACE PRIMARY,	Education centers
FOCC & TUMAINI LA MAISHA AT MUHIMBILI	Hospital & Health centers

1.3: UPTZ Core values

Mission		Main Objective			
To facilitate a greater cross-cultural understanding and to foster a long-lasting impact within societies by running cultural exchange programmes that can benefit all the participants involved.		Bridging the cultural gap between Tanzania and other nations.			
United Planet Tanzania (UPTZ) core values					
Young people	Meaningful partnerships	Empowerment	Cultural exchange	Working in partnership	Intensive long-term

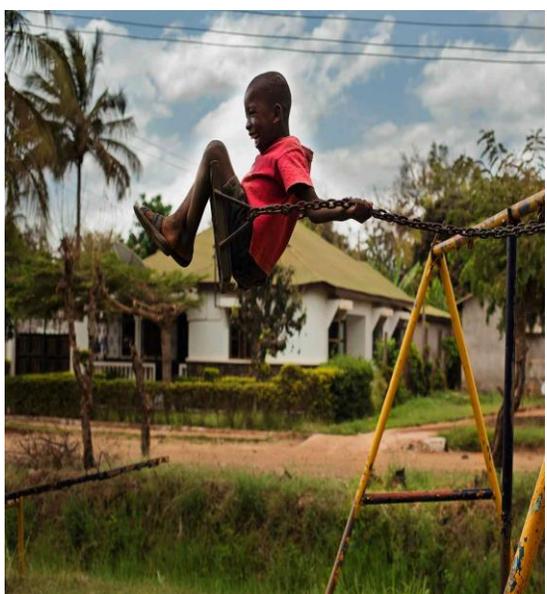
1.4: Our partners



ICYE International Cultural Youth Exchange



Photos in Action | Studying + Leisure



“Individually, we are one drop. Together, we are an ocean.” – Ryunosuke Satoro

Projects' Details

<p>Project title</p>	<p>Grace Nursery & Primary School – Education & Childcare</p>
<p>Brief placement descriptions</p> 	<p>Grace Primary School is a private facility that offers classes for grades 1 to 7. The school has a population of 465 kids who come from families in the surrounding neighbourhoods and beyond.</p> <p>Students from age 3 to 12 study a variety of subjects, including Swahili, English, Mathematics, Science, History, Geography, Ethics, Vocational Skills, Sports and ICTs. All classes are taught in English.</p> <p>The school was founded in 2002 as part of a church project through the Deeper Life Ministries (Nigeria).</p>
<p>Main Objective and Activities</p>	<p>The school's mission is to develop, nurture and train Tanzanian youths spiritually, socially and academically.</p> <p>Grace Primary School is a private facility with no assistance from the government. It hosts 20 teachers and the fees that the students' families pay, cover their salaries. The school now has 25 computers who were donated by one of their first volunteers.</p>
<p>Volunteer's Tasks & Roles</p>	<p>Volunteers can assist in several areas:</p> <ul style="list-style-type: none"> • Supporting the local teachers with English and other subjects such as Math, Science and ICTs; • Working in the nursery to look after the younger kids. • Volunteers can also stay after school hours to assist the students who are struggling the most with English and other subjects. <p>Professional teachers can provide further support by training the teaching staff. And Working hours:</p> <ul style="list-style-type: none"> • Start time: 7 am • Break time: 12 pm • End time: 3 pm

<p>Volunteer's qualifications</p>	<p>This project is suitable to both skilled and unskilled volunteers who:</p> <ul style="list-style-type: none"> • Are at least 18 years of age at the time of arrival; • Have an advanced knowledge of spoken and written English. • Having previous teaching experience (ideally in Math, Science, English or ICTs) is a requirement if volunteers want to teach classes independently.
<p>Why should volunteers choose this project?</p>	<p>Grace Primary School is a peaceful and cooperative environment, where it is easy to create friendships with local people.</p> <p>Daily tasks change constantly and you will always be busy with different projects.</p> <p>The main challenge you can expect to face is the African education system, which you will have to adapt to; in addition to this, it is possible that you may encounter difficulties in handling a class by yourself.</p> <p>In the project, you will be able to learn to teach and to deal with a different school system and with the different personalities of the alumni. You will also experience a proper cultural exchange through the friendships created with the students and the staff.</p>
<p>Location</p>	<p>Sinza - Dar Es Salaam. Sinza is a very lively area, with plenty of bars and clubs. Young Tanzanians love to go out in this area during the weekend.</p>
<p>Duration</p>	<p>From 4 weeks to 1 year.</p>
<p>Hosting situation</p>	<p>Volunteers will stay in a host family/volunteers' house. The family will provide breakfast and dinner while volunteers can have lunch at the school.</p>

	Depending on the location of the host family, volunteers will walk or take a daladala (minibus) to the project. They can also take the school bus.
Practical & Additional Information	ATMs are available in the area. Dressing appropriately is a requirement for the school.

Project title	Tandale Youth Development Centre – Community organization
Brief placement descriptions 	<p>Tandale Youth Development Centre (TYDC) is a youth-led and non-profit organization established in 2003 as a small voluntary youth peer education through African Youth Alliance program that aimed to improve overall Adolescent Sexual and Reproductive Health (ASRH) and reduce the spread of HIV/AIDS and other Sexually Transmitted Infections (STIs) for the young people aged between 10 – 24 years.</p> <p>An organization works in three thematic areas;-</p> <ul style="list-style-type: none"> ▪ Sexual Reproductive Health (SRH) by providing appropriate skills and knowledge for young people in Tandale through peer-to-peer counselling. ▪ Behaviour Change Communication & Life skills by conducting seminars, forum and school visit. ▪ Environment & Active Citizenship, TYDC creates a space for young people to take initiative to protect environment in their particular society by educate them with appropriate skills through OKOA KITAA program. <p>TYDC has been running programs in partnership with AMREF International and Kinondoni Municipal Council to teach sexual reproductive health to young people in Tandale and neighbourhood.</p>
Main objective and Activities	TYDC’s mission is to put local youth at the forefront of change and to make them understand their rights and responsibility towards the development of their community.

	<p>The centre hosts 25 local volunteers who work at the project at different times. Most of the staffs do not speak English.</p> <p>Tandale receives small grants from the government, which help the centre to run their peer-to-peer program.</p>
<p>Volunteer's tasks & roles</p>	<p>Volunteers will be able to get involved in several activities such as: -</p> <ul style="list-style-type: none"> ▪ Working on expanding and promoting various youth events in the community such as weekly youth dialogues and seminars. ▪ Assisting the local volunteers in their peer-to-peer program. ▪ Helping the organization with capacity building plans, and market strategy. ▪ Coordinating and working alongside local youth in the delivery of workshops about topics such as sexual reproductive health, employability, girls' empowerment and environmental issues. ▪ Organizing community events such as a Community Health Care Day or Sports Days with the aim of involving and reaching out to the community at large. <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 9:30 am ▪ Break time: flexible ▪ End time: 4:00 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable to both unskilled and skilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are willing to work in an extremely poor environment; ▪ Are flexible in adapting to cultural differences; ▪ Are proactive in organizing their work.

<p>Why should volunteers choose this project?</p>	<p>This project is unique comparing to any other projects, as it is located in the biggest slum in Tanzania.</p> <p>Volunteers will experience directly one of the poorest areas in the country and will be able to have a tangible impact on the community.</p> <p>The main challenges to expect are the language barrier, as most people in Tandale don't speak English, and the poverty of the area where the project is located.</p>
<p>Location</p>	<p>Tandale, Dar es Salaam. Tandale is the biggest slum in Tanzania and, despite its improvements during the last few years, it is still considered as one of the most challenging areas in the city.</p>
<p>Duration</p>	<p>4 weeks to 12 weeks</p>
<p>Hosting situation</p>	<p>Volunteers will stay with host families/volunteers' house. The host families provide 3 meals a day. Depending on the location of the host family, volunteers will walk or take a bus to the project.</p>
<p>Practical & Additional Information</p>	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ If volunteers want, they can bring books on English grammar, ICTs and reproductive health.

<p>Project title</p>	<p>Network for Vulnerable Rescue Foundation (NVRF)</p>
<p>Brief placement descriptions</p> 	<p>Network for Vulnerable Rescue Foundation (NVRF) is a non-profit and charitable organization that promotes education through sports and physical activities.</p> <p>An organization established in 2008 as a small voluntary youth group; since then, NVRF has expanded its programs in support of government effort to tackle serious issues such as poverty, gender inequality, disease and illiteracy and reaching thousands of children. NVRF seeks to improve basic education and promotes health and social development and it had been working in low-income communities whereby youth face a lot of challenges includes; school dropout, peer pressure, high risk of HIV/AIDS etc.</p>
<p>Main objective & Activities</p>	<p>NVRF's mission to save the community in all perspective and promote sports participation amongst the youth in low income communities and using sport and physical activity to enhance youth development, build community capacity and promote education about HIV/AIDS.</p>
<p>Volunteer's tasks & roles</p>	<p>Volunteers can support on the following activities: -</p> <ul style="list-style-type: none"> ▪ Coaching football/netball and other physical activities ▪ Assisting the local volunteers in their outreach program ▪ Supporting the organization with capacity building plans, and market strategy. ▪ Coordinating and working alongside local youth in the delivery of workshops about topics such as life skills and behaviour change communication and sexual reproduction health. ▪ Organizing community events such as a Bonanza and community dialogue with the aim of involving and reaching out to the community at large. ▪ Teaching English language for kids and young people in local community.

	<p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 9:00 am ▪ Break time: flexible ▪ End time: 6:00 pm
Volunteer's qualifications	<p>This project is suitable to both unskilled and skilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are willing to work in a local communities; ▪ Are flexible in adapting to cultural differences; ▪ Are proactive in organizing their work. ▪ Are willing to organize English language class every Saturday.
Why should volunteers choose this project?	<p>This project is unique comparing to any other projects, as it is specifically deals with sports and games to educate and mobilize a number of young people and located in the one among of the biggest slum in Tanzania.</p> <p>Volunteers will experience directly one of the poorest areas in the country and will be able to have a tangible impact on the community.</p> <p>The main challenges to expect are the language barrier, as most people in Mabibo don't speak English, and the poverty of the area where the project is located.</p>
Location	<p>Mabibo, Dar es Salaam. Mabibo among of the biggest slum in Tanzania and, despite its improvements recently like good infrastructures.</p>
Duration	<p>4 weeks to 1 year</p>
Hosting situation	<p>Volunteers will stay with host families/volunteers' house. The host families provide 3 meals a day. Depending on the location of the host family, volunteers will walk or take a bus to the project.</p>

<p>Practical & Additional Information</p>	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ If volunteers want, they can bring books on English grammar, reproductive health.
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<p>Project title</p>	<p>Vision for Youth (V4Y) – Community organization</p>
<p>Brief placement descriptions</p> 	<p>Vision for Youth (V4Y) is a community centre that aims to raise awareness among the local population about drug abuse, HIV/AIDS, family planning, reproductive health and other issues affecting the young people.</p> <p>It runs 3 main programs:</p> <ul style="list-style-type: none"> ▪ The bright energy program's main objective is to bring clean energy services to the community alongside with new employment opportunities; ▪ The behaviour change and communication program runs in Secondary Schools and Universities in the Arusha region. During the program, students are taught a wide range of life skills such as self-awareness and control, reproductive health, HIV/AIDS, family planning and drug abuse with the aim of driving a long-term behavioural change; ▪ The eye program aims to provide entrepreneurship skills to young unemployed members of the community.
<p>Main objective & Activities</p>	<p>The centre's mission is to raise a responsible and independent generation that is capable of facing challenges and of finding solutions to the problems that affect them.</p> <p>Vision for Youth doesn't have specific sources of funding, although some occasional private donors have been helping the centre economically.</p>
<p>Volunteer tasks & roles</p>	<p>Volunteers will be able to get involved in several activities such as:</p>

	<ul style="list-style-type: none"> ▪ Working on expanding and promoting the different youth events in the community; ▪ Working alongside the local staff in the delivery of workshops about HIV/AIDS, sexual and reproductive health as well as employability. ▪ Organizing community events such as a Community Healthcare Day, Environment Cleanliness Day or Sports Day; ▪ Working on environment projects; ▪ Organizing youth empowerment events such as entrepreneurship workshops and trainings. <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 8 am ▪ Break time: 12 pm ▪ End time: 3 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable to both unskilled and skilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are willing to work with young people in the streets who don't know English very well; ▪ Are flexible in adopting cultural differences and working on them.
<p>Why should volunteers choose this project?</p>	<p>At Vision for Youth volunteers are in charge of running the workshops, giving them the opportunity to interact with the local students and to become independent and self-proactive from the start.</p> <p>The work is never the same, in fact, it changes depending on the topic of the week; the project is like a big family where the director, Violet, is more of a friend than a colleague.</p> <p>The main challenge to expect is the language, as most people don't speak English very well.</p>

	<p>By working here, volunteers can learn how to interact with a different culture and how to be flexible and self-starters as they are given responsibilities from the very beginning.</p>
Location	<p>Sakina street in Arusha, Arusha is approximately 12 hours by bus from Dar es Salaam or 1 hours by flight. Arusha is located in the Northern of Tanzania, very closed to all the main National Parks (Serengeti, Ngorongoro, Tarangire and Lake Manyara). The climate is much colder than Dar Es Salaam; the city is small, but always full of tourists as all Safaris start from Arusha.</p> <p>There are plenty of western restaurants and cafes in the town.</p> <p>Kilimanjaro Mountain, the tallest mountain in Africa, is also easily accessible from Arusha.</p>
Duration	4 weeks to 1 year
Hosting situation	Volunteers will stay within the project site. The project provide 3 meals a day.
Practical & Additional Information	<p>Volunteers will be using Dar es Salaam international airport (Mwalimu Nyerere International Airport) and we will arrange the trip to Arusha.</p> <p>Short-term volunteers will need to pay for their travel from Dar es Salaam to Arusha by bus, including the transport to the bus station, and for a night in a hotel in Dar before departure. Overall, they will need to pay an extra 50 Euro.</p>

<p>Project title</p>	<p>Voice of Youth Tanzania (VOYOTA) – Community organization</p>
<p>Brief placement descriptions</p> 	<p>Voice of Youth Tanzania (VOYOTA) is a non-governmental and not-for-profit organization founded in 2012 as a street movement known as Talanta Mtaani (<i>Movement for Street Notorious Talents</i>). The movement was initiated with a sole purpose of inspiring and motivating underserved youth to unlock their potentials. Through capacity building programs, youth were trained and empowered to utilize their talents for better. Due to its major impact, in 2017, Talanta Mtaani was transformed from operating as a street movement to a full registered organization which is now known as “Voice of Youth Tanzania – VOYOTA”.</p> <p>VOYOTA Is a youth-led based organization located Usa-River in Arusha Tanzania. The organization is dedicated to improve people’s lives particularly, under resourced youth.</p>
<p>Main objective & Activities</p>	<p>An organization’s mission is to support young people efforts by promoting social welfare through research, vocational trainings, economic empowerment, awareness raising, networking and advocacy.</p> <p>To ensure VOYOTA accomplished its mission, it’s works in three programs as following; -</p> <ul style="list-style-type: none"> ▪ <i>TALANTA MTAANI</i>, is a platform for young artistes who are talented but lack support to showcase their potential and meet their fans through open mic sessions. ▪ <i>Sexual Reproductive Health & Rights (SRHR)</i>, is a program aimed at promoting sexual and reproductive health and rights of youth in particular girls and young women. ▪ <i>Youth for Change (Y4C)</i>, is a platform whereby youth meet and discuss issues relating to their daily life – lifestyle.
<p>Volunteer’s tasks & roles</p>	<p>Volunteers can support on the following activities: -</p>

	<ul style="list-style-type: none"> ▪ Assisting the local volunteers in their outreach program such as in teaching SRHR & life skills in and outside the school. ▪ Supporting the organization with capacity building plans, and market strategy. ▪ Coordinating and working alongside local youth in the delivery of workshops about topics such as life skills and behaviour change communication and sexual reproduction health. ▪ Organizing community events such as a seminars, forums, etc. ▪ Teaching English language for kids and young people in local community. ▪ Supporting administration stuffs like proposal writing, organization strategy plan, reports and programs.
<p>Volunteer’s qualifications</p>	<p>This project is suitable to both unskilled and skilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are willing to work with young people in the streets who don’t know English very well; ▪ Are flexible in adopting cultural differences and working on them. ▪ Are at least have professional either in project management or NGOs fields.
<p>Why should volunteers choose this project?</p>	<p>At VOYOTA volunteers are in-charge of running the workshops, giving them the opportunity to interact with the local students and to become independent and self-proactive from the start.</p> <p>The work is never the same, in fact, it changes depending on the topic of the week; the project is like a big family where the director, Vicent Uhega, is more of a friend than a colleague.</p> <p>The main challenge to expect is the language, as most people don't speak English very well.</p>

	<p>By working here, volunteers can learn how to interact with a different culture and how to be flexible and self-starters as they are given responsibilities from the very beginning.</p>
Location	<p>USA River district in Arusha town, Arusha is approximately 12 hours by bus from Dar es Salaam or 1 hours by flight. Arusha is located in the Northern of Tanzania, very closed to all the main National Parks (Serengeti, Ngorongoro, Tarangire and Lake Manyara). The climate is much colder than Dar Es Salaam; the city is small, but always full of tourists as all Safaris start from Arusha.</p> <p>There are plenty of western restaurants and cafes in the town.</p> <p>Kilimanjaro Mountain, the tallest mountain in Africa, is also easily accessible from Arusha.</p>
Duration	4 weeks to 6 months
Host situation	Volunteers will stay with host families. The host families provide 3 meals a day. Depending on the location of the host family, volunteers will walk or take a bus to the project.
Practical & Additional Information	<p>Volunteers will be using Dar es Salaam international airport (Mwalimu Nyerere International Airport) and we will arrange the trip to Arusha.</p> <p>Short-term volunteers will need to pay for their travel from Dar es Salaam to Arusha by bus, including the transport to the bus station, and for a night in a hotel in Dar before departure. Overall, they will need to pay an extra 50 Euro.</p>

<p>Project title</p>	<p>Tengeneza Generation (TEG) – Community organization</p>
<p>Brief placement descriptions</p> 	<p>TEG is a youth-led organization which is non-profit founded by best close friends and proactive young people in Tanzania managed by independent, local professionals, experienced in international development and community development projects and capacity building, through participation in a broad range of human rights, WASH, Environment and Poverty Reduction.</p> <p>An organization established in 2014 and its focus on sustainable livelihood and environment; TEG is determined to play a leading role in assisting rural Tanzanian communities in Morogoro to develop economically and socially. All of activities are delivered at the heart of the rural communities by local young people who are active agents for change.</p>
<p>Main objective & Activities</p>	<p>TEG’s mission is to build sustainable projects and engage with local young people in the active participation of project upkeep.</p> <p>Recently, an organization has three programs and all of them are operating in participatory manner whereby community get a chance to be a major stakeholders;-</p> <ul style="list-style-type: none"> ▪ ‘Tupendane’, is a Swahili word which means ‘let’s love one another’. A program aimed to fundraise and raise awareness of discrimination against people with disabilities. ▪ ‘Mimi Na Mazingira’, which means I and Environment; this is an ongoing project that aims to support the environmental conservation and protection initiatives.
<p>Volunteer’s tasks & roles</p>	<p>Volunteer can assist the following things in this project;-</p> <ul style="list-style-type: none"> ▪ Volunteer may support administration stuffs. ▪ Supporting in organize seminars, forums and training on life skills, environmental conversation, entrepreneurship skills etc.

	<ul style="list-style-type: none"> ▪ Helping in marketing strategies like creating web content and blog stories ▪ Assisting in planting trees in Mount Uluguru <p>Working hours;</p> <ul style="list-style-type: none"> ▪ Starting at 9:00 am ▪ Break: Flexible ▪ Ending at 5:00 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable to both unskilled and skilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are willing to work with rural communities who don't know English very well; ▪ Are flexible in adopting cultural differences and working on them. ▪ Skilled & unskilled volunteers are acceptable.
<p>Why should volunteers choose this project?</p>	<p>TEG is a youth-led organization, and it's very unique project compared to others. At TEG volunteers are in-charge of running the workshops, giving them the opportunity to interact with the local communities in rural areas and to become independent and self-proactive from the start.</p> <p>In this project there are a lot of extra activities such as hiking and camping in Mount Uluguru, Kilombero and visit Choma waterfall in Mt. Uluguru. Also it has self-realization programs within the camping. The project is like a big family where the director, Pius Matunge, is more of a friend than a colleague.</p> <p>The main challenge to expect is the language, as most people in field areas don't speak English very well.</p>
<p>Location</p>	<p>Morogoro town, approximately 5 hours from Dar es Salaam. Morogoro is a mountainous area with a colder climate compared to Dar es Salaam.</p>

	<p>Morogoro Town is quite small; however it has a very lively nightlife with plenty of bars and clubs.</p> <p>Mikumi National Park is just nearby and can be accessed in an hour.</p>
Duration	4 weeks to 12 weeks
Hosting situation	Volunteers will stay within the project. The host house provides 3 meals a day (breakfast, lunch & dinner).
Practical & Additional Information	Short-term volunteers will need to pay for their travel from Dar es Salaam to Morogoro by bus, including the transport to the bus station, and for a night in a hotel in Dar before departure. Overall, they will need to pay an extra 30 Euro.

Project title	Kigamboni Community Centre (KCC) – Community organization, Arts, Childcare centre
Brief placement descriptions 	<p>KCC is a Tanzanian non-governmental organisation established with the aim of providing education to the people of the Kigamboni community.</p> <p>The centre is composed of five departments:</p> <ul style="list-style-type: none"> ▪ The academic department, provides childcare at the nursery school, tuition for primary school children as well as ICTs and English classes for secondary school kids; ▪ The activities department, runs creative classes of all genres, such as modern dance, acrobatic dance, music, drama and clothes making; ▪ The social department, is a shelter for young street boys. It organises community awareness and rehabilitation programs funded by UNICEF. Every Saturday it hosts a workshop to discuss about important issues affecting the community;

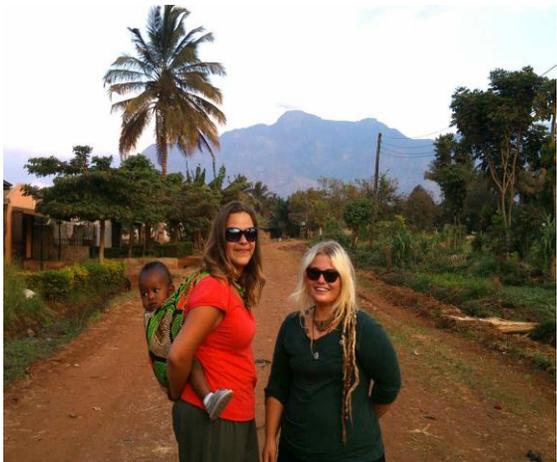
	<ul style="list-style-type: none"> ▪ The business department, comprises of an entertainment business and a shop. Young people in the centre can work for one of these structures. It also offers tours of the Kigamboni area; ▪ The office and administration department, ensures that the centre runs smoothly. <p>KCC was funded by a group of four friends who, after suffering from parental abuse, lack of education and homelessness, wanted to give something back to the community that helped them. It was registered as an NGO in 2009.</p>
<p>Main objective & Activities</p>	<p>The motto of KCC is “Everyone's got a talent!” Their mission is to fight poverty by encouraging talent. The staff consists of 4 directors, 22 volunteers, and more than 250 members.</p> <p>The government donated the building where the centre is located; some private donors and partners help with its expenses.</p>
<p>Volunteer’s tasks & roles</p>	<p>Volunteers can assist in a number of areas:</p> <ul style="list-style-type: none"> ▪ Teaching sports such as swimming or football; ▪ Teaching creative disciplines such as arts and crafts, drawing, dancing, drama, singing or acrobatics; ▪ Teaching English or other languages; ▪ Teaching basic knowledge on computer application; ▪ Playing with the children; ▪ Helping the kids with their homework. <p>Volunteers normally work Mondays to Fridays for no more than 7 hours a day.</p> <p>Once they arrive, participants get a week of orientation so they can better decide what they would like to do at the project.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ From 9:00 am – 6:00 pm (Monday – Friday) ▪ Saturday – Sunday sometimes

<p>Volunteer's qualifications</p>	<p>This project is suitable especially to unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Enjoy spending time with children and youth; ▪ Are flexible, enthusiastic and creative.
<p>Why should volunteers choose this project?</p>	<p>KCC hosts a great sense of community. International volunteers are able to work closely with local volunteers and to fully be part of the life at Kigamboni. Participants who have a special skill to share, will find KCC to be the perfect placement for them.</p> <p>The main challenge to expect is the language, as most people don't speak English. KCC does offer paid Swahili classes.</p>
<p>Location</p>	<p>Kigamboni, Dar Es Salaam. Kigamboni is along the Indian Ocean and the best beaches in Dar are all located in this area.</p> <p>A ferry connects Kigamboni to Dar es Salaam city centre and the journey only lasts 5 minutes.</p>
<p>Duration</p>	<p>4 weeks to 1 year</p>
<p>Hosting situation</p>	<p>Volunteers will stay with host families nearby the project. Host families provide 3 meals a day.</p>
<p>Practical & Additional Information</p>	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ Volunteers can bring toys, clothes and books for the children.

<p>Project title</p>	<p>Sure Starts Children’s Centre – Day-care & Education centre</p>
<p>Brief placement descriptions</p> 	<p>Sure Starts Children’s Centre is a private facility that offers day-care & pre-school education. The school has a population of around 20 kids who come from families in the surrounding neighbourhoods and beyond.</p> <p>Their curriculum is based on the UK’s Early Years Foundation Stage (EYFS) and is designed to foster the emotional, physical, social, intellectual and creative development of each child. All classes are taught in English.</p> <p>The school also offers extra curriculum activities for parents, such as trainings and workshops on child protection, first aid, teenagers education, bullying issues and other subjects.</p> <p>In order to help children from poorer backgrounds, the project also runs a charity called Maisha Leo, which provides after school classes such as communication, debate, art, music and language classes for primary government schools.</p> <p>Liz Mleli, who is Managing Director of the project, founded the school in 2012.</p>
<p>Main objective & Activities</p>	<p>The school’s mission is to nurture every child’s desire to learn, experiment, play and gain independence. They believe that children need a safe as well as inspiring atmosphere in which to grow so they can develop their potential to the fullest in life.</p> <p>They also believe that children should have the opportunity to play safely yet at the same time, participate in stimulating activities, which will lay a foundation for their schooling.</p> <p>Sure Starts Children’s centre is a private facility with no assistance from the government. It hosts 16 members of the staff and the fees that the students’ families pay cover their salaries.</p>

	<p>On the other side, Maisha Leo doesn't have specific sources of funding and only 2 members of the staff are working in the charity.</p>
<p>Volunteer's tasks & roles</p>	<p>Volunteers can assist in a number of areas:</p> <ul style="list-style-type: none"> ▪ Supporting the local teachers with English and other subjects; ▪ Teaching creative disciplines such as arts and crafts, drawing, music, dancing, drama or singing; ▪ Playing with the children; ▪ Planning and implementing the extra curriculum activities Maisha Leo organizes, such as debate, art, language or music classes. <p>Volunteers normally work Mondays to Fridays for no more than 6 hours a day.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 8.00 a.m. ▪ Break time: 12.30 p.m. ▪ End time: 3.00 p.m.
<p>Volunteer's qualifications</p>	<p>This project is suitable to both skilled and unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have an advanced knowledge of spoken and written English. ▪ Enjoy spending time with children <p>Having previous teaching experience is a requirement if volunteers want to teach classes independently.</p>
<p>Why should volunteers choose this project?</p>	<p>Sure Starts Children's Centre is a peaceful and cooperative environment, where the staff is highly experienced. Differently from most schools in Tanzania, beating the children is not allowed in this project.</p>

	<p>The main challenge you can expect to face is the workload, as you will always be busy with different daily tasks.</p> <p>In the project, you will be able to learn to teach and to deal with the different personalities of the alumni. You will also experience a proper cultural exchange through the friendships created with the students and the staff.</p>
Location	<p>Kindondoni, Dar es Salaam. The school is located near to the speedy bus stop called Morocco and the centre of Dar can easily be reached with a 20 minutes bus journey. It is also easy to go to Mikocheni, Oyster Bay and Masaki, where all the best western restaurants and cafes are located.</p>
Duration	<p>From 4 weeks to 1 year. Short-term volunteers will only be able to work at the charity, while long-term volunteers will also assist the teachers at the school.</p>
Hosting situation	<p>Volunteers will stay with host families or volunteers' house nearby the project. Host families provide 2 meals a day, while volunteers will have lunch at the project.</p>
Practical & Additional information	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ Volunteers can bring toys, clothes and books for the children supported by the charity.

<p>Project title</p>	<p>MEHAYO – Healthcare</p>
<p>Brief placement descriptions</p> 	<p>MEHAYO is a Tanzanian non-governmental organization established with the aim of helping mentally handicapped people in Morogoro.</p> <p>Mental disability is still a big stigma in the Tanzanian communities, especially in the remote villages. Families still discriminate and often hide their disabled or mentally handicapped children from the rest of the village as it is considered shameful.</p> <p>MEHAYO was founded to combat this prejudice by teaching some practical skills, such as pottery, gardening, painting, sowing or bracelet making, and by raising better awareness of mental disabilities among their parents and the local population.</p> <p>The organization provides shelter for 42 mentally handicapped people, ranging from 7 to 42 years of age; most of them live at the centre.</p>
<p>Main objective & Activities</p>	<p>The staff is composed entirely by local and international volunteers. Although most of them are not trained in the field of mental disability, their aim is to support MEHAYO by contributing with their knowledge, skills, time and energy.</p> <p>MEHAYO was founded in 1995 by Linda Ngido and registered as an NGO in 1998.</p> <p>The centre generates a small income by selling home-made products, including the food they cultivate. Other sources of finance are occasional donations provided by individual benefactors.</p>
<p>Volunteer’s tasks & roles</p>	<p>Volunteers can join a series of different activities scheduled daily:</p> <ul style="list-style-type: none"> ▪ Helping with gardening, arts and crafts or pottery making;

	<ul style="list-style-type: none"> ▪ Teaching music, swimming, painting or sowing; ▪ Going to school with the children who attend primary school; ▪ Remaining at the facility to assist children who are unable to attend school; ▪ Helping the local staff in the farm, which is a short distance from the centre. <p>Volunteers are encouraged to develop their own work according to their strengths and areas of expertise.</p> <p>At MEHAYO, the staffs always welcome any new ideas brought by volunteers and is always open to learn new skills.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 8:00 am ▪ Break time: flexible ▪ End time: 3:30 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable to both skilled and unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are adaptable and open minded; ▪ Have a desire to help others. <p>Having previous experience working with people with disabilities is an advantage, but not a requirement.</p>
<p>Why should volunteers choose this project?</p>	<p>MEHAYO is at the forefront of the fight against prejudice towards mentally handicapped people and, although at time it can be difficult to cope with this reality, it can also be extremely rewarding to be involved in the project.</p> <p>Since its beginning, the centre has become a family where everyone learns together and volunteers are always welcome to be part of this family.</p>

	<p>The staff is always open to listen to any suggestions the volunteers may have and to put them into action.</p> <p>The main challenge to expect is that the living conditions are very basic, so the volunteers will need to be adaptable and open minded. Furthermore, if you haven't had any previous experience dealing with mentally handicapped people, it can be tough to adjust at the beginning.</p>
Location	<p>Morogoro town, approximately 5 hours from Dar es Salaam. Morogoro is a mountainous area with a colder climate compared to Dar Es Salaam.</p> <p>Morogoro Town is quite small; however it has a very lively nightlife with plenty of bars and clubs.</p> <p>Mikumi National Park is just nearby and can be accessed in an hour.</p>
Duration	4 weeks to 1 year
Hosting situation	Volunteers will stay either with a host family or at the project's hostel.
Practical & Additional information	<p>MEHAYO is focusing on becoming self-sustainable, and is working on a number of income generating projects. Currently the children make cards to sell. Card stock and art supplies are always greatly appreciated. Beads are also always in demand for jewellery making. Any other supplies for children are appreciated (books, toys, clothes and anything that can help children with disabilities).</p> <p><i>Short-term volunteers will need to pay for their travel from Dar es Salaam to Morogoro by bus, including the transport to the bus station, and for a night in a hotel in Dar before departure. Overall, they will need to pay an extra 30 Euro.</i></p>

<p>Project title</p>	<p>EMFERD – Healthcare, children home</p>
<p>Brief place descriptions</p> 	<p>EMFERD is a non-profit organization that aims to educate and provide social, moral and psychological support to people with disabilities from the remote rural areas of Morogoro.</p> <p>EMFERD's objective is to ensure that people with disabilities are equipped with quality education and are given appropriate support according to their respective impairments.</p> <p>Josephine Bakhita, or Mama Bakhita as everyone calls her, founded the centre in 2011 in memory of her child, Erick. He was born with multiple congenital defects and because of that he suffered discrimination and humiliation from the community he lived in throughout his life.</p>
<p>Main objective & Activities</p>	<p>Mama Bakhita's plan for the future is to expand EMFERD and to provide a significant contribution to the education and rehabilitation of the disabled in Tanzania. She aims to buy the machinery necessary to support the mobility of the disabled children and to educate the extended families about acceptance.</p> <p>Most children were abandoned or are orphans and for this reason, they live at the centre. The project hosts 18 children and 6 members of staff, composed of a director, 3 community workers and some paraprofessional workers who take care of the invalid children. The staff receives a small allowance.</p> <p>EMFERD is funded by some private donors from Europe and by the Friends of EMFERD within Morogoro. Mama Bakhita is always looking for more funds to afford the appliances to support the children.</p>
<p>Volunteer's tasks & roles</p>	<p>EMFERD offers a variety of daily activities the volunteers can engage in depending on their skills, including:</p>

	<ul style="list-style-type: none"> ▪ Helping parents of youths with disabilities in developing entrepreneurial skills by organising trainings and workshops; ▪ Doing home visits in the villages around Morogoro and speaking to the families of children with disabilities. ▪ Helping the staff with referrals to health facilities; ▪ Participating in projects such as bee keeping, poultry and swine farming, crop farming, horticulture, gardening, handcrafting and cultural tourism; ▪ Providing other services such as cleaning, childcare, physiotherapy and medication; ▪ Organising games and sports for the kids at the centre. ▪ Teaching at the kindergarten school located inside the project <p>Volunteers work all day Monday to Friday and have the weekends off.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 7:00 am ▪ Break time: flexible ▪ End time: 3.30 pm
<p>Volunteer’s qualifications</p>	<p>This project is suitable to both skilled and unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are flexible and open minded; ▪ Have a desire to help others. <p>Having previous experience working with people with disabilities is an advantage, but not a requirement.</p>
<p>Why should volunteers choose this project?</p>	<p>By helping people from forgotten rural areas, this project is fully committed in fighting ignorance and prejudice against</p>

	<p>people with disabilities. Volunteers who are not afraid to be faced with this harsh reality will get the benefit of opening their eyes and mind to what it means to actually live in rural Africa. Furthermore, teaching disabled children can be tough, but also extremely rewarding.</p> <p>The main challenge to expect is the language barrier, since most people at the centre and in the villages don't speak English. Furthermore, if you haven't had any previous experience dealing with disabled people, it can be hard to adjust at the beginning.</p> <p>By working at EMFERD, volunteers can learn new practical skills and how to be adaptable and open-minded.</p>
<p>Location</p>	<p>Morogoro town, approximately 4 hours from Dar es Salaam. Morogoro is a mountainous area with a colder climate compared to Dar Es Salaam.</p> <p>Morogoro Town is quite small; however it has a very lively nightlife with plenty of bars and clubs.</p> <p>Mikumi National Park is just nearby and can be accessed in an hour.</p>
<p>Duration</p>	<p>4 weeks to 1 year</p>
<p>Hosting situation</p>	<p>Volunteers will stay with host families nearby the project.</p>
<p>Practical & Additional Information</p>	<p>EMFERD is always looking for any help in mobilizing funds for the projects</p> <p>Volunteers with communication or fundraising skills would be massively helpful.</p> <p>Any supplies for children are appreciated (books, toys, clothes and anything that can help children with disabilities).</p> <p>Short-term volunteers will need to pay for their travel from Dar Es Salaam to Morogoro by bus, including the transport to the</p>

	<p>bus station, and for a night in a hotel in Dar before departure. Overall, they will need to pay an extra 30 Euro.</p>
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<p>Project title</p>	<p>Response to Disable Education and Health Development Foundation – Healthcare & Childcare</p>
<p>Brief placement descriptions</p> 	<p>Response to Disable Education and Health Development Foundation is a non-profit organization that aims to provide support to people with disabilities from Arusha.</p> <p>Mental disability is still a big stigma in the Tanzanian communities and most people with disabilities are affected by extreme poverty due to a lack of education and adequate health treatments.</p> <p>Response to Disable Education and Health Development Foundation was founded to combat this prejudice by strengthening the entrepreneurship skills of people with disabilities and by raising awareness of disabilities among the local population.</p> <p>The project was founded in 2012 by Mr. Martin K. Nyambok and registered as an NGO in 2017.</p>
<p>Main objective & Activities</p>	<p>Response to Disable Education and Health Development Foundation’s objective is to ensure that people with disabilities are equipped with quality education and are given appropriate support according to their respective impairments.</p> <p>Their mission is to empower disabled people in Arusha and to make sure they are guaranteed the same rights as everyone else.</p> <p>2 members of staff work at the office and they collaborate with local schools and hospitals for the realization of their programs. The project doesn’t have any specific sources of funding, although some occasional private donors have financed the project.</p>

<p>Volunteer's tasks & roles</p>	<p>Volunteers will be able to get involved in several activities depending on their skills, such as:</p> <ul style="list-style-type: none"> ▪ Supporting the local teachers at government schools with English and other subjects such as Math, Science and ICTs; ▪ Playing with the children; ▪ Helping the kids with their homework; ▪ Doing home visits in the areas around Arusha and speaking to the families of children with disabilities; <p>Professional doctors and nurses will follow a different program, as they will volunteer at government hospital and work together with the local team by providing medical treatments for children with disabilities. Extra procedures for the visa will need to be followed.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 8 am ▪ Break time: 12 am ▪ End time: 3 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable to both skilled and unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are flexible and open minded; ▪ Have a desire to help others. <p>Having previous experience working with people with disabilities is an advantage, but not a requirement.</p>
<p>Why should volunteers choose this project?</p>	<p>Since the project has only recently started, volunteers will have to possibility to shape its foundation and development for the future, thus having a tangible impact on society. Furthermore,</p>

	<p>teaching disabled children can be tough, but also extremely rewarding.</p> <p>The main challenges to expect are the lack of funds given to the projects and the possible hardship volunteers may encounter at the beginning if they have little or no experience working with disabled people. Volunteers will have to be extra resourceful and proactive in order to be able to work with very little financial support.</p> <p>By working at Response to Disable Education and Health Development Foundation, volunteers can learn more about the Tanzanian culture and way of living as well as how to be adaptable and proactive.</p>
<p>Location</p>	<p>Arusha is approximately 12 hours by bus from Dar es Salaam or 1 hours by flight. Arusha is located in the North of Tanzania, very close to all the main National Parks (Serengeti, Ngorongoro, Tarangire and Lake Manyara). The climate is much colder than in Dar Es Salaam; the city is small, but always full of tourists as all Safaris start from Arusha.</p> <p>There are plenty of western restaurants and cafes in the town.</p> <p>Kilimanjaro Mountain, the tallest mountain in Africa, is also easily accessible from Arusha.</p>
<p>Duration</p>	<p>4 weeks to 1 year</p>
<p>Hosting situation</p>	<p>Volunteers will stay in a hostel near the project site. They will be provided with 2 meals a day, while lunch is given by the project.</p>
<p>Practical & additional Information</p>	<p>Volunteers will be using Dar es Salaam international airport and we will arrange the tip to Arusha.</p> <p><i>Short-term volunteers will need to pay for their travel from Dar Es Salaam to Arusha by bus, including the transport to the bus station, and for a night in a hotel in Dar before departure. Overall, they will need to pay an extra 50 Euro.</i></p>

<p>Project title</p>	<p>Watoto Wetu – Education & Childcare</p>
<p>Brief placement descriptions</p> 	<p>Watoto Wetu is an orphanage which hosts orphans and street kids. It provides non-formal education to children who have never attended any classes so they can later join secondary school. The orphanage is home to 50 children from the age of 3 to 18, and it supports another 100 children by paying tuition and boarding school for them.</p> <p>The orphanage runs a nursery school, tuition classes and a form one preparatory course. It also offers computer classes, drawing classes and various leisure time programs.</p> <p>Evans Tegete, who at the time was an English teacher in a governmental secondary school, founded the project in 1998, and registered it as an NGO in 2001.</p>
<p>Main objective & Activities</p>	<p>Watoto Wetu's mission is to provide better living conditions to orphans and street children by giving them a place to live and by offering them the education they need in order to later become independent adults.</p> <p>Local and international volunteers work in the project, including some of the people who used to live in the orphanage and are now studying at university. The matron and the cook are the only paid staff and they live in loco.</p> <p>Most of the previous volunteers sponsor one or two children and pay for their school fees. Offering training courses to students from the neighbourhood, who pay a small tuition fee for the classes they take, also finances the orphanage.</p>
<p>Volunteer's tasks & roles</p>	<p>Volunteers are welcome to support the orphanage and training centre in all areas, depending on their interests and skills, including:</p> <ul style="list-style-type: none"> ▪ Childcare; ▪ Teaching a class in pre-school or nursery school;

	<ul style="list-style-type: none"> ▪ Teaching English or other courses such as Math and Science to older students; ▪ Helping the children with their homework; ▪ Supporting the management with accounts and project development. <p>Daily tasks are flexible. A typical day at Watoto Wetu starts at 8 a.m where, until 2 p.m, volunteers can help teaching classes. In the afternoon volunteers can play with the orphans and help them with their homework, otherwise they can run English classes or other courses to older students.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 8 am ▪ Break time: flexible ▪ End time: 3 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable to both skilled and unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Enjoy spending time with children.
<p>Why should volunteers choose this project?</p>	<p>At Watoto Wetu volunteers are always encouraged to speak freely, to bring new ideas and to adapt daily tasks to their interests.</p> <p>The project provides a friendly and collaborative environment, which makes it easier to cope with the daily challenges of living in a different country.</p> <p>Proactive volunteers who want to work hard and keep themselves busy can find Watoto Wetu to be an ideal place for them.</p> <p>It is quite common for volunteers to be faced with some challenges, given the different teaching methods in Tanzania</p>

	and the difficult behaviours of some of the children, due to their bad life experiences before their arrival at the orphanage.
Location	Kimara, Dar Es Salaam. It is in the outskirts of Dar Es Salaam, but easily accessible by bus. The speedy bus station is closed to the project, which is the best connection to every area in the city.
Duration	4 weeks to 1 year
Hosting situation	Volunteers will stay with host families. The host families provide 2 meals a day, while lunch is provided by the project. Depending on the location of the host family, volunteers will walk or take a bus to the project.
Practical & Additional Information	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ Volunteers can bring toys, clothes and books for the children.

Project title	CHAKUWAMA – Education & Childcare
Brief placement descriptions 	<p>CHAKUWAMA is an orphanage that hosts children who lost their parents or were abandoned in the streets. It provides them with shelter, clothes, health and education at government schools.</p> <p>The orphanage is home to 60 children from the age of 2 to 18, but its objective is to expand and be able to host more kids. The orphanage runs a nursery school as well.</p> <p>The project started in 1998 with 5 children and has continued to grow over the years.</p>
Main objective & Activities	Its mission is to make sure disadvantaged children can live a better life. The staff is composed by 12 people who receive an allowance.

	<p>Chakuama has a few sources of funding, including companies such as Vodacom and private donors, however the amount of funds they receive is limited.</p>
<p>Volunteer's tasks & roles</p>	<p>Volunteers are welcome to support the orphanage in all areas, depending on their interests and skills, including:</p> <ul style="list-style-type: none"> ▪ Childcare; ▪ Teaching at the nursery; ▪ Helping to cook lunch; ▪ Playing with the kids; ▪ Supporting the management with accounts and project development. <p>Daily tasks are flexible. A typical day at Chakuama begins at 10 a.m, when nursery school starts. In the afternoon volunteers can either play with the orphans or support them with their homework. Although classes run between 10 a.m and 1:30 p.m, volunteers usually arrive at 8 a.m to help getting the kids ready for school, and can stay longer if they want to play with the children.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 9:00 am ▪ Break time: flexible ▪ End time: 4:00 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable especially to unskilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Enjoy spending time with children.
<p>Why should volunteers choose this project?</p>	<p>By working at CHAKUWAMA, volunteers can have a real impact into the children lives and can help them to build a better future.</p>

	The main challenges to expect are that the children come from different backgrounds and lived through tough experiences, so this placement is ideal for volunteers who are adaptable and are willing to learn how to deal with these difficulties.
Location	Sinza, Dar Es Salaam. Sinza is a very lively area, with plenty of bars and clubs. Young Tanzanians love to go out in this area during the weekend.
Duration	4 weeks to 1 year
	Volunteers will stay with host families/volunteers' house. The host families provide 2 meals a day, while lunch is provided by the project. Depending on the location of the host family, volunteers will walk or take a bus to the project.
Practical & Additional Information	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ Volunteers can bring toys, clothes and books for the children. ▪ The project is located near to Milimani City Mall, one of the biggest malls in Dar es Salaam, also close to University of Dar es Salaam and Mwenge handcrafts market.

Project title	MWANDALIWA – Education & Childcare
Brief placement descriptions 	<p>MWANDILIWA is an orphanage that hosts children who lost their parents or were abandoned in the street. The centre provides them with shelter, clothes, health and education at government schools.</p> <p>The orphanage is home to 81 children from the age of 0 to 18; most of them are brought in by the Social Department of the Government.</p> <p>The orphanage currently runs a nursery and pre-school, but the founders are planning to build a primary and secondary</p>

	<p>schools as they recognize the importance of investing in education.</p> <p>The project started in 2002 and hosted only 3 children, but it has continued to grow over the years. It was registered as an NGO in 2006.</p>
<p>Main objective & Activities</p>	<p>MWANDILIWA's mission is to make sure disadvantaged children can live a better life and can receive the necessary education. Its objective is to continue to expand and to build a primary and secondary schools.</p> <p>The staff comprises of 11 people who receive an allowance.</p> <p>MWANDILIWA doesn't have specific sources of funding, although some occasional private donors have financed the project (for example a private donor sponsored the construction of the kitchen).</p>
<p>Volunteer's tasks & roles</p>	<p>Volunteers are welcome to support the orphanage in all areas, depending on their interests and skills, including:</p> <ul style="list-style-type: none"> ▪ Childcare; ▪ Teaching at the nursery and pre-school; ▪ Helping with the preparation of the meals; ▪ Playing sports and organising games with the kids; ▪ Supporting the management with accounts and project development. <p>Daily tasks are flexible. A typical day at MWANDILIWA starts in the morning, when volunteers and staff can teach at the nursery. In the afternoon, volunteers can either play with the orphans or help them with their homework.</p> <p>Working hours:</p> <ul style="list-style-type: none"> ▪ Start time: 9 am ▪ Break time: flexible ▪ End time: 3 pm
<p>Volunteer's qualifications</p>	<p>This project is suitable especially to unskilled volunteers who:</p>

	<ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Enjoy spending time with children.
Why should volunteer choose this project?	<p>Volunteers feel to be part of a family at MWANDALIWA and can make a difference in the children's lives by helping them to get a better education.</p> <p>The main challenge to expect is accepting the hard life that the children at the orphanage have to go through every day; most volunteers get very close to the kids and find it difficult to leave.</p> <p>By working at the orphanage, volunteers will learn not to take life for granted and to be grateful about what they have.</p>
Location	Mbweni, Dar Es Salaam. This area is closed to the ocean, but it is slightly far from the city centre of Dar. Kunduchi beaches and Mbuya Island are not far from the centre.
Duration	4 weeks to 1 year
Hosting situation	Volunteers stay at the centre, which is always busy with children. Otherwise, they can stay with host families near the project. The host families provide 2 meals a day, while lunch is provided at the placement.
Practical & Additional Information	<ul style="list-style-type: none"> ▪ ATM is available in this area. Local transport can be used to reach more central areas of Dar Es Salaam. ▪ A big supermarket is located on the way to the project. ▪ Volunteers can bring toys, clothes and books for the children.

<p>Project title</p>	<p>FARAJA EDUCATION CENTRE – Education & Childcare</p>
<p>Brief placement descriptions</p> 	<p>This is the education centre found in Tandale ward, it was established several years ago by Mr. Salum Kaponda for the purpose of helping children coming from low-income families to access quality education as explained by United Nations (UN) in Sustainable Development Goals (SDGs). Currently, the FARAJA has 70 children and 5 teachers; three years ago (2016) the centre started to receive volunteers from United Planet Tanzania. Every Friday, they conduct sports activities.</p>
<p>Main objective & Activities</p>	<p>The centre’s mainly focus on ensuring that all children from the age of 2 – 5 years regardless of income, background, circumstances or abilities could understand, embrace and enjoy the many components of written and spoken words.</p> <p>A part of teaching kids, FARAJA works to support primary and secondary students with additional skills after they class time.</p>
<p>Volunteer’s tasks & roles</p>	<p>Specifically, the volunteers can assist; -</p> <ul style="list-style-type: none"> ▪ Childcare ▪ Teaching children to learn and practice counting, singing, drawing and writing ▪ Organizing sports & games ▪ Supporting administration stuffs ▪ Help kids to cross the road to go back to home ▪ Organize charity event ▪ Teaching youth & adults English language.

<p>Volunteer's qualifications</p>	<p>This project is suitable to both unskilled and skilled volunteers who:</p> <ul style="list-style-type: none"> ▪ Are at least 18 years of age at the time of arrival; ▪ Have a good knowledge of spoken and written English; ▪ Are willing to work in an extremely poor environment; ▪ Are flexible in adapting to cultural differences; ▪ Are proactive in organizing their work.
<p>Why should volunteers choose this project?</p>	<p>This project is unique, as it is located in the biggest slum in Tanzania.</p> <p>Volunteers will experience directly one of the poorest areas in the country and will be able to have a tangible impact on the community.</p> <p>The main challenges to expect are the language barrier, as most people in Tandale don't speak English, and the poverty of the area where the project is located.</p>
<p>Location</p>	<p>Tandale, Dar es Salaam. Tandale is the biggest slum in Tanzania and, despite its improvements during the last few years, it is still considered as one of the most challenging areas in the city.</p>
<p>Duration</p>	<p>4 weeks to 1 year</p>
<p>Hosting situation</p>	<p>Volunteers will stay with host families/volunteers' house. The host families provide 3 meals a day. Depending on the location of the host family, volunteers will walk or take a bus to the project.</p>
<p>Practical & Additional Information</p>	<ul style="list-style-type: none"> ▪ ATMs are available in the area. ▪ If volunteers want, they can bring books on English grammar, toys etc.