



Inter-Cultural  
Youth Exchange



# Work Profile

## Dear future ICYE UK International Volunteer,

This is the 'ICYE UK Work Profile' which contains details of projects in the UK. Most of these projects have received ICYE international volunteers in the past and will continue to do so in the current ICYE Programme Year. However, please note that we cannot guarantee that all projects will be available. We continue to develop new projects throughout the year and so we may also be able to recommend a new project to you if we think it matches your interests.

### What types of projects are available in the UK?

Most of the projects in the UK involve some sort of social/care work.

Please note that most of our projects involve working with people with disabilities.

This work varies enormously (as do people with different levels and types of disability) and is generally challenging but extremely rewarding.

We need volunteers to be flexible and open-minded about their choice of project. Please think carefully about applying to come to the UK – if you do not want to work with people with disabilities this may not be the best choice of country for you.

Our projects include things like working in education centres for young people with learning or physical disabilities, caring for people with disabilities in a centre or in their own homes, or training to become an activity leader at an outdoor youth activity centre. All these projects involve working directly with people in need.

### What type of work will I be doing?

As a full-time volunteer you are expected to fully participate in your project. Each project requires volunteers to do certain tasks. This may be anything from cooking and housekeeping to organising a day out in the countryside, or helping to care for people (including feeding, personal care, etc.). Please note that even if you have a professional qualification from your country, i.e. in social work, psychology, etc. you should not expect to work in a professional capacity and must be prepared to carry out the same tasks as other volunteers.

### When will I work?

The working hours for each individual project are explained in more detail in the profiles below, but generally volunteers work between 35 and 40 hours each week. Sometimes there will be a shift or rota system (list or schedule stating who must do assigned or certain tasks/jobs) where you may be required to work during the night or weekend.

Volunteers are entitled to 2 days off each week. You'll also be given 'Annual Leave Holiday', generally it's 4 weeks for a 12 month project, that is holiday you earned by working, which can be used how you wish, but will have to be agreed beforehand with your project and with ICYE UK; some projects will have restrictions of when holiday can be taken.

## **IMPORTANT!**

All of ICYE UK's projects rely on volunteers. You are not "just a visitor" and your tasks will bring added value to the project. You have important responsibilities and can only take time off when the project agrees to you doing so. This can sometimes be very difficult as it limits the amount of freedom you have.

ICYE UK will send you information on which project you will be working at before you arrive in the UK. Some projects want to interview the volunteers themselves, while others want you to come and spend some days with them before they agree to accept you.

## **Where will I live?**

ICYE UK does not offer host families. All volunteers live in accommodation provided by the project. Different types of accommodation include:

- Your own bedroom in the project, with access to a shared bathroom and kitchen.
- A bedroom that you share with other volunteers in the project.
- A flat/apartment outside the project where 2-6 volunteers live together.
- Living in the house of a person with disabilities who you are helping.

The accommodation is normally basic but comfortable, which means that only necessary things (such as a bed, a cupboard, etc.) will be provided. Meals are often provided by your project but in some projects you will receive money to buy your own food which you will prepare for yourself. Details of the type of accommodation are included in the description of each project.

## **Where are the projects located?**

Most of the projects are NOT LOCATED IN LONDON or other big cities. Many are in the countryside or small towns which mean that you may not have access to nightclubs and bars every weekend! Also, in the countryside transport on the weekends can be limited. However there are normally several volunteers from different organisations at the same project who organise social activities together.

Most of the projects are in the south of England although we do sometimes place volunteers in other parts of the UK, including Wales and Scotland. Volunteers must be willing to volunteer anywhere in the UK.

# APPLYING TO ICYE UK PROJECTS

## Choosing your preferred projects

Please note that the information in the “Type of work” section is to give you an idea of what you could be doing at that project – this is not an exhaustive list. Please also pay close attention to the “Type of Volunteer Needed” section when choosing your projects!

It is recommended that you look at the project’s website to get more information about the projects of your choice.

## ICYE Candidate’s Application Form

It is very important that you complete this form to the best of your ability. ICYE UK will send this form to the potential projects who may host you. It’s important to keep in mind that the form is sent exactly as you have written it.

Projects read this form as a formal document which reflects your interests, background, experience, past qualifications, motivation to volunteer abroad, etc. It is very important to understand that projects will consider this form as if it was a job application; hence it has to be complete and clear.

You can read the document called ‘ICYE UK Guidelines for ICYE Candidate’s Application Form’ to obtain more information on how to properly complete the form.

## ICYE UK Project Preference Sheet

Once you have read the project descriptions in detail, please fill in the attached ‘ICYE UK Project Preference Sheet’ at the end of this document, and send it in with your other application documents.

**We will take into consideration your preferences, although we cannot guarantee you a place at one of the projects on your priority list.**

Please do not hesitate to contact us directly if you have any questions.

We look forward to meeting you!

Best Wishes,

ICYE UK



# INDEX OF PROFILES OF ICYE UK PROJECTS

The following pages will describe each project in detail. The projects are divided into different sections according to the type of work available. Simply click on each title to be redirected to its respective profile.

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# **HOMES FOR PEOPLE WITH DISABILITIES**

**Alne Hall – Leonard Cheshire**

**Freshfields – Leonard Cheshire**

**Holehird – Leonard Cheshire**

**John Masefield House – Leonard Cheshire**

**Nutley Hall**

**The Orchard – Leonard Cheshire**

**Seven Rivers – Leonard Cheshire**

## Alne Hall - Leonard Cheshire

<b>TYPE OF PROJECT</b>	<p>Leonard Cheshire, who supported a terminally ill man with no other means, founded the charity in 1948. Leonard Cheshire spent the rest of his life fighting for the rights of disabled people and established specialised care facilities for disabled people around the world.</p> <p>Alne Hall Cheshire Home is a large nursing &amp; residential home for adults (residents) who have physical disabilities. There is also a Day Care Service Monday – Friday for people from the local community. Most residents have wheelchairs for mobility, they may have been born with a disability such as cerebral palsy, have developed a neurological condition such as multiple sclerosis or have been involved in an accident. The residents enjoy a range of activities including crafts, quizzes, socialising, shopping, and trips to pubs and the cinema.</p>
<b>TYPE OF WORK</b>	<p>Volunteers assist the residents with activities both inside and outside the home, such as with crafts, music, IT and social activities. There may be an opportunity to accompany residents on their annual holidays.</p> <p>Volunteers are required to help with the clearing away and washing up after lunch and evening tea.</p> <p>On arrival volunteers are given an Induction Welcome Pack, which outlines general information i.e. Fire Procedures, holiday entitlement, payment of allowance and a general overview of the home. Full Induction Training is given as well as Mandatory courses in Health &amp; Safety, Moving &amp; Handling, Wheelchair Handling plus more.</p>
<b>TYPE OF VOLUNTEER NEEDED</b>	<p>This placement would suit a volunteer who enjoys caring for people, being creative, sensitive and enjoys life. A volunteer who possibly would like a career in care, a student of social studies.</p>
<b>GENDER / AGE OF SERVICE USERS</b>	<p>There are 28 permanent residents and there is one room is used for respite care. There are male and female service users and they are aged 29-71 years old.</p>
<b>LOCATION OF PROJECT</b>	<p>Alne Hall is situated on its own grounds in the village of Alne which is a rural village in North Yorkshire. The home has been operating since 1956. Alne Hall is 12 miles north west from the city of York; there is a local but infrequent bus service to York. This project would suit someone who is happy living in the countryside.</p>
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	<p>Volunteers live on-site at Alne Hall in a separate part of the building to the residents. Volunteers have their own bedroom and share a living room, bathroom, etc. All meals are provided by the project. Facilities for cooking own food is available in the activities kitchen.</p>

<b>WORKING HOURS</b>	Standard working hours will be 9am to 6pm with a 1 hour lunch break and 30 minutes tea break. Volunteers have 2 days off per week. Volunteers are expected to be flexible with their working hours according to the activity and might occasionally need to work on weekends or in the evening.
<b>TIME OFF / HOLIDAYS</b>	Volunteers receive 1 week holiday for every 13 weeks worked. Holidays need to be agreed with the project. Lieu time for extra hours worked will be given.
<b>LEISURE TIME / FACILITIES</b>	There is a local bus service that operates hourly during the day (but not in the evenings) to York (12 miles away). York is a very popular tourist destination and has lots of travel opportunities. The home have a computer suite with internet access for the residents which can be used by the volunteers when it is not being used by the residents
<b>ADDITIONAL INFORMATION</b>	Be aware that Alne Hall is in a very rural location with limited direct transport links. This project is ideal for someone who likes the countryside but not if you want to live in a town/city.
<b>NUMBER OF PLACES</b>	2

## Freshfields - Leonard Cheshire

<b>TYPE OF PROJECT</b>	Freshfields is part of Leonard Cheshire Disability, one of the UK's leading voluntary sector providers of support services for disabled people. It offers residential and respite care to 34 adult residents with physical disabilities and offers a Day Centre service.
<b>TYPE OF WORK</b>	<p>The volunteers are involved in enhancing the lives of Service Users. They provide 1:1 companionship and practical help with creative activities, hobbies and crafts, reading, emailing etc. They are involved in social events in the home (e.g. birthday parties, entertainment evenings as well as local meetings). Volunteers also accompany groups of residents out on day trips to the countryside, shopping, theatre, pub lunches, fundraising etc. Volunteers do not carry out personal care tasks like washing, dressing, helping residents get up / into bed.</p> <p>To make the volunteers' stay more rewarding and to ensure residents can make the most of opportunities to get out and about we do ask volunteers to accept training on specific tasks to help individuals who would need some help to use the toilet, eat a meal or enjoy a drink while they are away from the home. Induction period and training provided.</p>

<b>TYPE OF VOLUNTEER NEEDED</b>	Volunteers should be practical, flexible, adaptable and reliable. We'd like you to be outgoing, friendly and sociable and to enjoy getting to know people. A good standard of English is required – we need to be sure you understand the training you receive. 18 of age or older. Freshfields normally only accepts female volunteers.
<b>GENDER / AGE OF SERVICE USERS</b>	18 years+ but the majority of the service users are over 35 years old.
<b>LOCATION OF PROJECT</b>	The project is located in the coastal town of Formby near Liverpool in the North West of England.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	Volunteers live in a first floor flat in the residential home (though separated from the rest of the project. Volunteers share a kitchen, bathroom and sitting area with other volunteers, but have their own bedrooms. Volunteers are responsible for keeping it clean and tidy. The flat has a basic range of utensils, a fridge and a microwave. The project provides a main meal. Breakfast cereals, milk, bread, fruit, eggs and other staples like flour, sugar and tea can be supplied at no charge by the project.
<b>WORKING HOURS</b>	35 hours per week Volunteers assist with social and leisure activities and will sometime need to help in the evenings and weekends.
<b>TIME OFF / HOLIDAYS</b>	2 days off per week and 1 week off for every 13 weeks worked (times agreed in advance). To give residents the most opportunities to get out and about you will sometimes exceed a 35 hour week. You may take the time back as soon as reasonably convenient or you may save it and add it to your holidays.
<b>LEISURE TIME / FACILITIES</b>	Formby centre is less than 30 minutes walk and has shops, cafes, banks, post office, library, doctors, dentists, pool, gyms, and churches. Sandy beach is also within short walk. Liverpool has a wealth of museums, galleries, theatres, and music venues. There is a computer and WiFi access available in the centre but not in the volunteer's accommodation. It takes 30 minutes to get to Liverpool on the train from the local station to the project.
<b>ADDITIONAL INFORMATION</b>	Volunteers take part in a wide variety of activities but are expected to assist with feeding and drinking during mealtimes.
<b>NUMBER OF PLACES</b>	2

# Holehird - Leonard Cheshire

<b>TYPE OF PROJECT</b>	Holehird is part of Leonard Cheshire, the UK's leading voluntary sector provider of support services for disabled people. Holehird is a care home which offers residential and respite care to people with a physical impairment or learning disability. Some residents are relatively independent while others require full-time care.
<b>TYPE OF WORK</b>	The volunteers are involved in enhancing the lives of service users. They are involved in social activities (creative activities, crosswords etc) day trips, accompanying residents to appointments and one to one companionship. Volunteers may also help the staff with care work, particularly at busy times such as mealtimes, mornings and bedtime, but they do not undertake personal care.
<b>TYPE OF VOLUNTEER NEEDED</b>	Volunteers should be friendly, flexible, adaptable and reliable. Volunteers should be able to communicate well in English. Volunteers can be male or female and aged 18 years or older.
<b>GENDER/ AGE OF SERVICE USERS</b>	Mixed from 18 years upwards although the majority of the residents are 35 years and above.
<b>LOCATION OF PROJECT</b>	Located near the town of Windermere in the beautiful Lake District in the North West of England. Windermere is the closest train station to the project and is 40 minutes walk from the project. This project is very much in the countryside!
<b>ACCOMMODATION &amp; CATERING/ FOOD</b>	Volunteers live in a cottage near the residential home and have their own room and share kitchen, bathroom and sitting area with other volunteers. All meals are provided by the project.
<b>WORKING HOURS</b>	Volunteer work for 35-40 hours per week, shift work. Volunteers sometimes work weekends.
<b>TIME OFF/ HOLIDAYS</b>	Two days off per week and one week's holiday for every 13 weeks worked.
<b>LEISURE TIME / FACILITIES</b>	<u>This project is in a rural setting.</u> Windermere is a popular tourist site and an area of natural beauty with lakes and hills for those that enjoy the outdoors.
<b>ADDITIONAL INFORMATION</b>	Internet is available in the office at the project.
<b>NUMBER OF PLACES</b>	1-2

# John Masefield House - Leonard Cheshire

<p><b>TYPE OF PROJECT</b></p>	<p>John Masefield House is a residential nursing home, which supports 22 residents with moderate to severe physical disabilities. It is part of the Leonard Cheshire Disability charity. The residents have a range of disabilities from multiple sclerosis to strokes and head injuries. The project is a long-term home for the residents where they are provided with support in their daily lives. Activities for the residents include IT classes, art classes, cookery classes and regular outings in the surrounding area such as cinema trips, bowling and visiting the local area.</p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers assist in activities and contribute to the quality of life of the residents. The role of the volunteer is to support in running the activities at the home and to help with the residents on outings outside the project. The role is flexible and it is possible to develop new activities for the residents. There are many daytime volunteers for the residents.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>Ideally a good level of English is required, however there is flexibility. The volunteer needs to have good communication skills and be proactive with a willingness to develop new activities. Volunteers with a creative interest and a flexible approach would be well suited to this project.</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>The service users are mixed gender and aged 18-60, however most of the service users are over 30 years old.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The project is in Southeast England, 7 miles from Oxford, in a village called Burcot. There are supermarkets, pubs and leisure facilities in the nearby area. The project is rural but has good transport links.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>The volunteer lives in a 6-bedroom bungalow sharing with staff members and other volunteers. The bungalow is next to the resident house so volunteers must be respectful of noise levels and the surrounding area. The bungalow has a fully equipped kitchen with a washing machine and tumble dryer. Volunteers must have prior arrangement for a visitor to stay, as there may not always be availability and there is a small fee. Breakfast food is provided but volunteers will need to prepare it in their own kitchen. Lunch and dinner are provided at the project and volunteers eat with the residents. There is also the option to cook in their kitchen but no allowance is provided for this.</p>

<b>WORKING HOURS</b>	Volunteers work for 35 hours of shift work 5 days a week. Weekends are usually not required but there may be occasional weekends you cannot take off. If you work weekends then volunteers are given the equivalent time off at another time.
<b>TIME OFF / HOLIDAYS</b>	For every 6 months worked the volunteer will be given 2 weeks holiday.
<b>LEISURE TIME / FACILITIES</b>	Many leisure activities can be easily accessed in Oxford which is a popular city with tourists and students. There are laundry facilities and internet access at the project.
<b>ADDITIONAL INFORMATION</b>	Volunteers should note that this project is in a rural location in the outskirts of Oxford. Volunteers will need to use local buses to access the town centre and the train service.
<b>NUMBER OF PLACES</b>	2

## Nutley Hall

<b>TYPE OF PROJECT</b>	<p>Nutley Hall is an independent adult residential care community for people with learning disabilities, offering a homely, social setting and specialising in a broad range of supported activities. Our endeavour is to maintain an environment which values at its centre the unique qualities and potential of each person.</p> <p>Our therapeutic approaches, which enable the ongoing wellbeing of those living at Nutley Hall follow those indicated by the philosopher Rudolf Steiner whose insights have been established in therapeutic practice worldwide over many decades. Nutley Hall is a Rudolf Steiner community founded out of anthroposophical ideas and ideals. It is entirely independent (i.e. it is not part of any wider organisation)</p>
<b>TYPE OF WORK</b>	<p>The main duties take place around the daily housework, preparation of morning and evening meals and assisting residents with their personal care. There is also the opportunity to join one of the day workshops: weavery, baskets &amp; candles, woodwork, woodland, bakery, kitchen and garden, and also to participate in Nutley Hall's cultural and leisure life. – for which musical co-workers can be a great asset – and to support social &amp; recreational activities.</p>

<b>TYPE OF VOLUNTEER NEEDED</b>	The volunteer would need to be friendly, flexible and relaxed. It would also be an asset if the volunteer was creative to come up with exciting ways of interacting with the residents. Someone who can work well in a team but also knows how to motivate themselves.
<b>GENDER/ AGE OF SERVICE USERS</b>	The service users are mixed gender and aged 18-60, although the service does not usually take new residents if they are above 30 years old.
<b>LOCATION OF PROJECT</b>	Located in East Sussex and is 17 minutes away from Uckfield with good transport links into central London and Brighton.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	The volunteer will live with other volunteers at the residence. All meals are provided by the project.
<b>WORKING HOURS</b>	Volunteers work for 45 hours of shift work 5 days a week. Weekends are usually not required but there may be occasional weekends you cannot take off. If you work weekends then volunteers are given the equivalent time off at another time.
<b>TIME OFF / HOLIDAYS</b>	You would work a 5 day week, with four weeks holiday during a full twelve months: one week each during the Christmas and Easter festival periods and two weeks in the summer, plus one extra day off in each of the three "half-term breaks". You will have 2 days off weekly but they may need to be separated.
<b>LEISURE TIME/ FACILITIES</b>	There are lots of nice areas around Nutley to visit such as areas of High Weald – an area of outstanding natural beauty. It is also close to many historic cities in the South East such as Royal Tunbridge Wells. You may also have access to the 'Co-Worker car' which would allow you easy access into town.
<b>ADDITIONAL INFORMATION</b>	A driving licence is very helpful, but not essential.
<b>NUMBER OF PLACES</b>	1-3

# The Orchard - Leonard Cheshire

<p><b>TYPE OF PROJECT</b></p>	<p>The Orchard is part of Leonard Cheshire Disability the UK's leading voluntary sector provider of support services for disabled people. The Orchard is a care home that offers residential care to people with a physical impairment or learning disability. Some residents are relatively independent while others require full-time care.</p>
<p><b>TYPE OF WORK</b></p>	<p>The volunteers are involved in enhancing the lives of service users. They are involved in social activities, creative activities, accompanying residents on day trips and providing companionship. Volunteers may also help the staff at busy times with breakfast, but they do not undertake personal care. If volunteers have ideas for other suitable activities they are welcome to suggest them. Volunteers also sometimes accompany residents and staff on "Social Days Out" which could be a day trip to another local town, or market etc. Volunteers will receive training on the work they do and on more general subjects, e.g. health and safety, when they arrive and during their time at The Orchard.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>Volunteers should be flexible, adaptable and reliable. A good standard of English is required. The project is ideally looking for volunteers aged between 18 and 24 years old and currently has placements only for female volunteers. All volunteer placements are for 1 year.</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>There are male and female service users who are aged from 28 years upwards though the majority of the residents are over 35 years old.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The Orchard is located in Woolton, a suburban area of Liverpool and there is lots of green spaces surround the home. Local amenities are within easy reach by foot, Bus and rail links are on your doorstep.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>The two residential volunteers live within the residential home, Accommodation is on an upper level, away from the main living and working area, it comprises of 2 x single bedrooms, shared bathroom and lounge area with TV-video/DVD player, the lounge also includes a kitchenette area with sink, microwave, toaster, fridge etc. All meals are provided by the project. As explained above there is a small kitchenette with a sink, microwave, toaster and fridge in the volunteer accommodation.</p>

<b>WORKING HOURS</b>	Volunteers work 35 hours per week. Volunteers work some weekends and occasional evenings.
<b>TIME OFF / HOLIDAYS</b>	Volunteers have 2 days off per week. The project will always try to schedule days off together but there may be times when this is not possible. Volunteers receive one week's holiday for every 13 weeks worked.
<b>LEISURE TIME / FACILITIES</b>	The nearest pub is 5 minutes away, Woolton village itself is a 10 minute walk or you can catch a bus from just outside the entrance, there are local shops, bars and eateries, library and cinema, swimming baths, banks and a local post office in the village and local sports centres are also within easy reach. The city centre with its shops, nightlife and places of interest is approx 7miles away with good bus and rail routes within walking distance from the Orchard. Internet and e-mail available in the office at the project
<b>ADDITIONAL INFORMATION</b>	The Orchard is located in a residential area near Liverpool with excellent transport links to the centre of Liverpool.
<b>NUMBER OF PLACES</b>	2

## Seven Rivers - Leonard Cheshire

<b>TYPE OF PROJECT</b>	Seven Rivers is a nursing home set in beautiful grounds on the outskirts of Colchester .We have 29 disabled Service users and a very young and lively group of staff. Our activities department is run by Lee and our loyal group of volunteers. This starts at 9-30 until 4-00pm.
<b>TYPE OF WORK</b>	The volunteers would be expected to assist Lee in activities and supporting Service users on trips out, shopping and any in house fundraising events that are held during the year. No personal care would be given by a volunteer apart from making drinks etc. All training will be given on arrival.
<b>TYPE OF VOLUNTEER REQUIRED</b>	The type of volunteer needed is someone who is kind caring and of a happy disposition. Volunteers are asked to treat the service users as they would want their own parents to be treated. The volunteers would be made to feel very much at home here at Seven Rivers.
<b>GENDER/ AGE OF SERVICE USERS</b>	We have male and female residents whose ages range from 45-90 years.

<b>LOCATION OF PROJECT</b>	Seven Rivers is an old Manor house, set in lovely grounds including, a lake and summer house. It is 5 miles from the nearest large town, Colchester, and on a local bus route.
<b>ACCOMMODATION &amp; CATERING/ FOOD</b>	Volunteers have their own room on site. There is also a lounge that is for the volunteers use. All rooms have TVs but no WiFi, but this is available down stairs in the activities room. All meals are prepared by the kitchen team. There is a good choice of meals.
<b>WORKING HOURS</b>	Working hours are 9-30-4-00 Monday to Friday and maybe some weekends if the Residents go out on a trip. The volunteers would then be given a day off during the week if they work at the weekend
<b>TIME OFF/ HOLIDAYS</b>	Volunteers can take holidays for 4 weeks per year and they are free after work and weekends.
<b>LEISURE TIME/ FACILITIES</b>	Colchester is a town with lots of history, a good night life and very close to several Seaside towns. It is also only 56 miles from London. There is use of a telephone and internet access.
<b>NUMBER OF PLACES</b>	2

# **SUPPORTING YOUNG PEOPLE WITH DISABILITIES IN EDUCATIONAL PROJECTS**

**Stepping Stones School**

**Treloar Trust**

# Stepping Stones School

<p><b>TYPE OF PROJECT</b></p>	<p>Stepping Stones is a small school in Surrey which provides education for 40- 45 students who find mainstream school too challenging but do not require the support of a full special needs school. We offer small class groups of about 8 students and provide a rich and varied curriculum. They are an active and lively student body who are keen to learn and take part in society.</p> <p>We are looking for young people to bring enthusiasm with them into the classroom and beyond. Our students study the national curriculum and will usually go on to college following their time with us. In addition we offer a range of activities through our curriculum including drama, music, art, swimming, sailing and work experience in a social enterprise.</p>
<p><b>TYPE OF WORK</b></p>	<p>To support the work in class with small groups under the supervision of a teacher. In addition support will be required for students who undertake activities at the local leisure centre or at our partner site, Sundial, where we use a sound studio, pottery and gym facilities. We will also require support to enable students to participate in work experience in the community both at our Cookie Bar and in local businesses.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>Maturity, flexibility, adaptability, responsibility, patience. Good spoken English is necessary.</p> <p>We accept both male and female volunteers aged between 18 –30. Placements are for 1 year only and the project can only accept volunteers to start in August/September.</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>The students are aged between 8 – 18 years and are both male and female. They have mild to moderate learning disabilities which may be associated with minor physical disabilities.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>We are based in Hindhead in rural Surrey about 1 hour by train from central London. The school is situated on the A3 about half an hour from both the City of Guildford and Portsmouth on the south coast. There are pubs, restaurants and shops locally with bus services to larger towns including Haslemere and Farnham where there are links to the national train network. The local area is known for its natural beauty and offers history, art, theatre and entertainment within easy travelling distance.</p>

<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>The school offers accommodation in an excellently furnished off-site apartment situated above the school social enterprise coffee and cookie bar. There are 3 bedrooms, 2 bathrooms, kitchen and small lounge area. The larger lounge is used for meetings by the school and local partners. The flat is fully equipped with new furnishings as well as washing machine and kitchen equipment. Downstairs in the Cookie Bar, which is linked to the school, freshly cooked food is available to purchase (Mon – Sat). The flat is just 2 minutes' walk from school and is situated in a small row of shops which includes a small convenience store for everyday needs. A food allowance budget will be provided and the flat has a fully fitted kitchen with all utensils.</p>
<p><b>WORKING HOURS</b></p>	<p>8.30 – 5.00 Mondays to Thursday 8.30 – 3.30 Friday during term time only. Weekends are free.</p>
<p><b>TIME OFF / HOLIDAYS</b></p>	<p>School holidays – 2 weeks in October, 2 weeks at Christmas, 1 week February, 2 weeks at Easter and 1 week in May. School starts on the 1<sup>st</sup> September and finishes on 22<sup>nd</sup> July.</p>
<p><b>LEISURE TIME / FACILITIES</b></p>	<p>Restaurants, pubs and shops are available within walking distance as is a large natural park run by the National Trust. Cinemas and sports facilities are available in local towns about 20 minutes by road. There is a leisure centre in Haslemere and Farnham, a Forestry Commission site with cycling and High Ropes, a sailing club at Frensham and numerous historical sites locally. There are music venues in both Farnham and Guildford, and the theatres in Guildford hosts a range of music, dance, comedy and theatre. Of course London and all it has to offer is only 1 hour by train too.</p>

<p><b>ADDITIONAL INFORMATION</b></p>	<p>Stepping Stones was founded 10 years ago by parents looking to find the right school for their child. The COINS Foundation continues to support the school today. The use of the site at Sundial provides opportunities for leisure, a fully equipped sound studio; gym, pottery and plans are in place to develop riding for the disabled too. We link with the COINS Foundation for many activities including an annual music festival and opportunities to work with their social enterprise schemes, media production groups and partner organisations such as Habitat for Humanity.</p> <p>The other charitable foundation that supports the school is the DFN Foundation which is investing in the renovation of Sir Arthur Conan Doyle's home (author of Sherlock Holmes) as a new school site. This is an exciting project which will see the school take on the legacy of a world renowned author and historical building as well as magnificent grounds. This next year we hope to be moving into our new premises with all the opportunities it offers.</p> <p>As a school we work closely with a number of local schools and have links to partner projects through the COINS Foundation in Dubai, Uganda and Russia. The school has also worked closely with Disability Africa over a number of years.</p> <p>We already have an international feel to our staff group and have staff who speak a range of languages including Spanish, Polish, and Italian fluently and some French and German. English language training is available at local centres which are accessible by bus. We are willing to allow time out to attend day-time courses and provide some financial contribution.</p> <p>To see the exciting projects we work on and the students that we support visit our website: <a href="http://www.steppingstones.org.uk">www.steppingstones.org.uk</a></p>
<p><b>NUMBER OF PLACES</b></p>	<p>2-3 ICYE volunteers. We also know well and are only 20 minutes from Treloars another school which has taken ICYE volunteers for many years.</p>

# Treloar Trust

<p><b>TYPE OF PROJECT</b></p>	<p>Treloar Trust provides education, therapy and care for young people with physical disabilities. The project has one centre that is home to the Treloar School which supports children from nursery to 16 years old and the Treloar College which supports young adults from aged 16 to 23 years old.</p>
<p><b>TYPE OF WORK</b></p>	<p>There are various volunteer posts at the school and college, each role involves volunteers working closely with the students. Volunteers can be assigned work in:</p> <ul style="list-style-type: none"> <li>- Classrooms as classroom assistants to prepare materials for lessons and assisting the students</li> <li>- Assisting in the School classes with the younger students</li> <li>- Therapy departments helping with speech, occupational and physiotherapy as well as assisting with the administration of the departments.</li> </ul> <p>Volunteers can also help out-of-school activities such as evening and weekend activities, cinema visits, playing games, etc. should be considered part of the job.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>Maturity, flexibility, adaptability, responsibility, patience. Good spoken English is necessary. The college accepts both male and female volunteers. The age range is 18 –30, but the college prefers volunteers over 21 years old. Placements are for 1 year only and the project can only accept volunteers to start in August/September</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>The school has students from nursery to 16 years old and the college has students aged 16-23, each has over 100 students. Students have a wide range of physical disabilities including cerebral palsy, muscular dystrophy, epilepsy or disabilities arising from accidents or other trauma. Many have communication or sensory impairments or learning difficulties. Explanations of the disabilities and an outline of how it may affect people will be given during the induction.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The school and college are located in Holybourne just outside Alton. Alton is a small town in Hampshire in Southeast England. Alton is the closest train station to the project and it is about 1 hour by train from London and 50mins from Portsmouth and Southampton.</p>

<b>ACCOMMODATION &amp; CATERING / FOOD</b>	Volunteers have their own bedroom in flats on-site at Treloar School and College. They share a bathroom and kitchen with other volunteers. All meals are provided by the project in the dining room and there is always a vegetarian option. In the School/College holidays the dining room is closed and you will receive a weekly food allowance.
<b>WORKING HOURS</b>	Volunteers work for 35 hours, normally from Monday to Friday but volunteers occasionally work weekends or evenings. As this is a school and college, there are holidays at Christmas, Easter and at half-term.
<b>TIME OFF / HOLIDAYS</b>	Volunteers have two days off per week, normally Saturday and Sunday. Holidays need to be taken during the school/college holidays - these are 3 x 1 week holiday at half terms (in Autumn, Spring and Summer) plus 3 weeks holiday at Christmas and 2.5 weeks at Easter.
<b>LEISURE TIME / FACILITIES</b>	Alton is a small market town and has local shops, pubs and a club, library, church, etc. You can also use the on-site swimming pool. Alton has a train station and there are also buses to nearby towns. There is internet access on-site at the project
<b>ADDITIONAL INFORMATION</b>	Treloar is a very dynamic and interesting project, which offers the opportunity of training to volunteers. The project normally decides the specific role of the volunteer. If you have a special interest or preference, please state this in your project preference form.
<b>NUMBER OF PLACES</b>	1-2 (ICYE places)

# **RESPITE AND IN-HOME SUPPORT PROJECTS**

**Carers' Support Bexley and Greenwich**

**Advance**

# Carers' Support Bexley and Greenwich

<p><b>TYPE OF PROJECT</b></p>	<p>The projects offer carers the chance to have a break by providing support to people in their own homes. The carers who use the service range from children caring for a disabled parent or sibling, to people in their 90's caring for a partner with dementia or perhaps a son or daughter with a learning disability. The break can last anything from three hours to 1 week. Breaks can sometimes include overnight caring but the vast majority of the breaks will be just a few hours each day. The people needing care are old people, disabled people or children under 16 with special needs. Occasionally, volunteers will go on holiday WITH the family and support both carer and cared for to enjoy their break together.</p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers are there to enable carers to have a well needed break. The key duties are: being a companion and offering conversation, cooking meals (often microwave meals) and making drinks, assisting with eating and feeding, supporting a person with their leisure needs and interests, personal care – including toileting, shopping and minimal housework, looking after pets, taking children out to holiday clubs, playing with children, answering the telephone, etc.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>Important qualities for volunteers are: Maturity, sensitivity, open mindedness, flexibility, commitment, common sense, good time keeping. Volunteers need to be healthy and fit. The projects accept both male and female aged over 18 years. <b>Excellent English and communication skills are essential.</b> All volunteer placements are for 1 year.</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>Children with disabilities; elderly clients with dementia, adults with physical and learning disabilities.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The projects are located in Greater London. These are urban areas outside of central London.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>Volunteers share a flat or house with other international volunteers, Volunteers have their own bedroom or share a bedroom with one other volunteer. The flat or house has a shared kitchen, bathroom and living room. A food allowance is given in addition to pocket money and volunteers cook their own food.</p>
<p><b>WORKING HOURS</b></p>	<p>Volunteers normally work 40 hours per week, although it can be as little as 25 or up to 45. You will usually have two days off per week, not always together and not always on weekends. You should expect to work on some weekends, evenings and overnights. Volunteers can spend up to 4 nights overnight in service user's homes.</p>

<b>TIME OFF / HOLIDAYS</b>	20 days holiday per year. It is <u>not</u> possible to take a travel month at this project
<b>LEISURE TIME / FACILITIES</b>	Again, as the projects are located in or near large towns there are a wide range of leisure facilities - sports centres cinemas, pubs and restaurants, libraries etc. nearby.
<b>ADDITIONAL INFORMATION</b>	Good project for a sociable person who likes meeting a wide range of people. These projects are popular as they offer the volunteer a lot of independence and flexibility. Most of the projects are in urban areas so it is easy to make the most of your free time!
<b>NUMBER OF PLACES</b>	2 +

## Advance

<b>TYPE OF PROJECT</b>	Advance is a large organisation that provides practical support and housing to help people with learning difficulties live independently and take part in activities within the community. Advance's approach to supporting each individual is focussed on the promotion of a quality life.
<b>TYPE OF WORK</b>	Volunteers at Advance support adults with learning disabilities with household tasks, such as shopping, cooking and cleaning; as well as supporting them to do social and leisure activities that they enjoy. This could include going to the cinema, having a meal in a restaurant or playing a sport. Advance works with people with a wide range of learning disabilities. Some people have very severe learning difficulties, which can mean they are not able to communicate their feelings by speaking about them or that they are unable to complete simple everyday tasks by themselves. Other people have much milder learning difficulties and are able to do most things for themselves, but may need help with specific things like doing the finances or reading or writing. Volunteers provide a high level of support to paid staff, act as a bridge between service users and other members of the community and have the opportunity to express their own ideas to the organisation. Volunteers do not replace paid members of staff but support them in their work.
<b>TYPE OF VOLUNTEER NEEDED</b>	Applicants must have a good standard of spoken English. Volunteers should also be patient, open-minded, reliable and flexible.
<b>GENDER / AGE OF SERVICE USERS</b>	Adult service users all over 18 years old. Most of the service users are male

<b>LOCATION OF PROJECT</b>	Advance is based in the London inner city boroughs of Hackney, Tower Hamlets, Newham and Islington.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	Volunteers most commonly share a flat with Advance service users, sometimes also alongside other volunteers. Volunteers will have their own bedroom and share the kitchen, bathroom and living space.
<b>WORKING HOURS</b>	Residential volunteers support Advance service users for 30-35 hours each week on a shift basis
<b>TIME OFF / HOLIDAYS</b>	Volunteers get 2 days off each week and also received 2 days per month holiday allowance.
<b>LEISURE TIME / FACILITIES</b>	The project is located in London within one of the inner London boroughs. There is easy access to all facilities and amenities you could expect in a city and also to London's tourist attractions museums, etc. Telephone and internet are available at the Advance office, and often in the accommodation.
<b>ADDITIONAL INFORMATION</b>	Volunteers need to be aware that they will be living with one or two clients. You will all share house facilities. They will also not live with any other international volunteers.
<b>NUMBER OF PLACES</b>	1-2

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# **SPORT/ACTIVITY CENTRES**

**Blackwell Adventure Activity Centre**

**London Youth Rowing**

**Paccar Scout Activity Centre**

**Pioneer Centre**

**Thriftwood Scout Activity Centre**

# Blackwell Adventure Activity Centre

<p><b>TYPE OF PROJECT</b></p>	<p>Blackwell Adventure is a charitable company, limited by guarantee, owned by the Scout Association County of Birmingham, Registered in England number 1534697.</p> <p>The Scout Association is the biggest mixed youth organisation in the UK. Scouts help children and young adults reach their full potential by developing skills including team work, time management, leadership, initiative, planning, self motivation and cultural awareness.</p> <p>Joining our team will mean you will be working alongside other sessional staff to provide customers with the highest quality residential and outdoor adventure activities in a safe environment and exceed customer's expectations by giving them the best possible experience.</p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers work and live amongst other volunteers / staff of different ages and nationalities. Once trained volunteers will independently be running various sessions such as Zip Wires, Archery, High Poles, Swimming, etc. The site is 50 acres which needs maintenance year round so campsite maintenance and cleaning will also be involved.</p> <p>The ability to work at heights, be adventurous, a positive role model and willing to work outdoors in the UK all year round are definite advantages.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>Volunteers at Blackwell <u>must be willing to work outside</u>, live in a communal environment and like working with young children. Volunteers must be able to speak and understand the English language with confidence.</p> <p>If you have knowledge of or are involved in a youth organisation, Scouting or Guiding this is a favourable but not essential.</p> <p>As you will be part of a team, working well with others in a multitude of different circumstances will be expected.</p> <p>We accept both male and female volunteers.</p> <p>Volunteers must be over 18 years of age.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>The majority of groups using the services are scouts, schools, youth groups, clubs etc. Therefore the majority of people taking part in the activities are aged 6-18 years old. The centre is also open to adult groups</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>Blackwell Adventure is located just on the outskirts of Birmingham. From there, there are central rail, bus and airport links. The centre itself is 50 acres of parkland in a semi-rural idyllic setting.</p>
<p><b>ACCOMMODATION &amp; CATERING/ FOOD</b></p>	<p>We offer a communal shared living experience. Rooms are 1 or 2 bed and are single sex. The site has shared bathroom and laundry facilities however there are 2 designated kitchens for staff to cook and store food as we do not supply you with meals.</p> <p>We do not supply meals for you however we pay a weekly food</p>

	allowance for groceries. There are 2 fully equipped kitchens for self-catering and food storage.
<b>WORKING HOURS</b>	You will work 5 days on 2 days off. Wherever possible we will try to give you these 2 days together but this is not always a guarantee and may not be a weekend. We start at 8.30am and finish around 5pm. During the busy periods you will be required to work till 8pm however this is on a rotational basis with breaks.
<b>TIME OFF/ HOLIDAYS</b>	Volunteers accrue holiday days but the amount depends on the length of your project. Holiday must be booked in advance and may not always be granted.
<b>LEISURE TIME/ FACILITIES</b>	Volunteers are encouraged to use the activities in their own time however the operating procedures must be adhered to. Wi-Fi is available.
<b>ADDITIONAL INFORMATION</b>	<a href="http://www.blackwelladventure.co.uk/">http://www.blackwelladventure.co.uk/</a> for centre details. <a href="https://www.youtube.com/watch?v=UqEtP8arozM&amp;feature=youtu.be">https://www.youtube.com/watch?v=UqEtP8arozM&amp;feature=youtu.be</a> video from previous volunteers showing her year.
<b>NUMBER OF PLACES</b>	1-2 only available for placements starting in February

# London Youth Rowing (LYR)

<p><b>TYPE OF PROJECT</b></p>	<p>Established in 2004, LYR has grown into an organisation that stretches across eighteen boroughs. In our mission to introduce rowing to those young people that wouldn't normally get the opportunity to do so, we now deliver to around 8,000 young Londoners every year. We are active in over 90 secondary schools and eleven on water centres and clubs.</p> <p>LYR's flagship programme, Satellite Hibs and Clubs is a project for young people aged 11-18 in the ten Olympic and Gateway boroughs. It involves installing indoor rowing machines into schools and supporting this with our team of community coaches. We then encourage our young people along the varied pathways to on water rowing. Some 2,100 participants take part in on-water rowing each year with the most enthusiastic being coached by one of the full time professional coaches that we have installed in local clubs. With hard work and determination, many will become part of our performance programme including the 'first of a kind' Rowing Academy at Mossbourne Community Academy in Hackney where they will compete for a place in one of our lead crews. In recent years our Juniors have been national champions twice and have represented England at the Home Countries Regatta.</p> <p>In recent years, LYR have started several new programmes. 'Mobile Learn 2 Row' brings boats and coaches to corners of London that have hitherto not had access to on water facilities. 'Go Row Hounslow', running out of the UL boathouse extends our reach across west London. 'Race Nights' is the indoor version of Mobile Learn 2 Row, taking the sport to youth clubs and communities that have always been the hardest to reach. LYR is dedicated to finding new ways to improve our offer to the young people of London</p>
<p><b>TYPE OF WORK</b></p>	<p>LYR has a large range of programmes. From on-water rowing coaching, indoor rowing coaching to strength and conditioning training.</p> <p>This placement will be largely based at Thames Rowing Club in Putney where the volunteer will be working with LYR's Junior Coach. The squad has over 50 junior athletes of varying abilities – some at a high level. At first, the volunteer will spend most of the time shadowing the coach and learning about rowing and the more technical aspects of the sport. Over time the volunteer will be asked to contribute to some elements of the various sessions. If the volunteer has some previous coaching experience, then this process will only be accelerated.</p> <p>Elsewhere, LYR also runs events and it may be that the volunteer will be asked to work on these events. These events are straightforward to run and it will allow the volunteer to see other elements of LYR's work in schools and in local communities.</p>
	<p>Someone with a passion for sport and a background in coaching</p>

<b>TYPE OF VOLUNTEER NEEDED</b>	<p>and working with young people. A rowing or watersports background is helpful but not essential. The volunteer must be happy to work outside, sometimes in cold weather with some early starts and weekend work.</p> <p>It is important to enjoy working with young people, especially those from disadvantaged backgrounds. We need someone who is hard-working, reliable, enthusiastic, easy-going, solution-orientated and keen to learn skills.</p> <p>Volunteers should have a good to fluent level of English. This project is particularly suited to volunteers who have competed at a high level within a sporting field and have experience of teaching or coaching others.</p>
<b>GENDER / AGE OF SERVICE USERS</b>	<p>Most of the young people using the services of LYR are aged between 11 and 18 years old.</p>
<b>LOCATION OF PROJECT</b>	<p>The project will be based at Thames Rowing Club on the Putney Embankment but will require the volunteer to be available to coach at any of LYR's nine centres and clubs across London.</p>
<b>ACCOMMODATION &amp; CATERING/ FOOD</b>	<p>Volunteers are hosted by a host family, based in south London. Food will be provided by the host family.</p>
<b>WORKING HOURS</b>	<p>40 hours per week</p>
<b>TIME OFF / HOLIDAYS</b>	<p>20 days per year pro rata plus bank holidays</p>
<b>LEISURE TIME / FACILITIES</b>	<p>The volunteer will have access to London and all of the well-documented opportunities that brings. Balham is a very pleasant part of London and, as Maryanne has pointed out above, is close to the rowing club.</p> <p>LYR would encourage the volunteer to learn to row and we will make sure that the volunteer gets plenty of coaching. This will only make the volunteer a better coach which will of course be useful to LYR.</p>
<b>ADDITIONAL INFORMATION</b>	<p>The volunteer will be given a full safety induction, coaching education and an opportunity to learn to row. They will be trained to drive a safety launch. They will be required to complete a DBS check and enrol on a safeguarding course.</p>
<b>NUMBER OF PLACES</b>	<p>1</p>

# Paccar Scout Activity Centre

<b>TYPE OF PROJECT</b>	<p>Paccar is a scout activity centre which aims to work with the development of young people. We were established in 1938 to provide a centre for scouts across the world to come and camp and undertake activities to help them develop spiritually, mentally and physically.</p> <p>We have continued this to this day where we undertake programmes for scouts, guides youth and school groups. Our aims are still the same today and that is the provision of inspirational leadership and development for young people.</p> <p>To undertake this we offer all the opportunity to take part in adventurous activities that can be used to stretch young people and old alike, to push their capabilities and learn their strengths and weaknesses.</p>
<b>TYPE OF WORK</b>	<p>The volunteer will be working alongside other volunteers of different ages and from different counties. You will be trained to deliver activity sessions in climbing, archery, high ropes, etc. You will also be working on the day to day upkeep of the centre this will include cleaning duties and some repairs to the centre. As many of our activities are off ground an ability to work at height would be an advantage.</p> <p>Depending on the time of year there are busier times when we have lots of groups camping however in the winter it is quieter and we will concentrate more on preparation for the coming season. So during the winter the tasks will include maintenance of the site and physical outdoor work.</p>
<b>TYPE OF VOLUNTEER NEEDED</b>	<p>The ideal volunteer will be someone who enjoys working in the outdoor environment; The volunteer must be interested in working with young people and be prepared to live with a diverse group of likeminded people. If you have a scouting, guiding or youth group back ground this is an advantage but not essential.</p> <p>Due to the nature of the British weather be prepared for cold and wet days during the autumn to spring months.</p> <p><b>Volunteers must be prepared to work outside, even when it's cold and raining.</b></p> <p>Projects accepts volunteers during September &amp; February. We will accept male and female volunteer's however we require you to be at least 18 years of age. Whilst we do not have a maximum age an ideal range will be 18 to 25 but this is dependent on the experience and flexibility of the person applying</p>
<b>GENDER / AGE OF SERVICE USERS</b>	<p>The majority of groups using the services are scouts, schools, youth groups, clubs etc. Therefore the majority of people taking part in the activities are aged 6-18 years old. The centre is also open to adult groups</p>

<b>LOCATION OF PROJECT</b>	Paccar is situated on the ridge between Chalfont St. Peter and the river Colne in the beautiful Buckinghamshire countryside. The Centre is set in mixed woodland and is surrounded by open countryside.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	All our staff live in shared accommodation. This is based in a lodge. Bedrooms have 1 or 2 beds. Volunteers at this project should be prepared to share a room. The building has shared use of toilet and washing facilities as well as kitchens where food can be prepared in the evenings and the weekends. Paccar provides shopping vouchers you will use as a group to buy your food and cook together. You will be taking a turn at cooking and washing up for the rest of the team on a rota basis. You will need to provide your own snacks etc.
<b>WORKING HOURS</b>	This varies with the time of year and the level of business we have in. Most weeks you will be allocated 2 rest days however in the busiest summer months this may only be 1 and the rest allocated at other times. This means that at busy times of year you may work more than 40 hours per week but we record the time volunteered so on average over the year you will not work more than 40 hours per week. <b>Due to the nature of the business it is likely that the rest days will not be at weekends and not always consecutive</b>
<b>TIME OFF / HOLIDAYS</b>	You will have the opportunity to take 10 days each 6 months, however this must be booked in advance and to coincide with business demands. It is not always possible to give holiday time off in the busy weeks and sometimes this may have to be taken at the end of the placement. In addition you will be given 2 weeks off over the Christmas period which will be your travel time. <b>Please note, no holidays are to be taken in July and one week holiday must be taken during the last week of August.</b>
<b>LEISURE TIME / FACILITIES</b>	Use of activity equipment depending on competence and availability. Close proximity to London and visitor attractions.
<b>ADDITIONAL INFORMATION</b>	See the link to the website below. <a href="http://www.paccarscoutcamp.org/">http://www.paccarscoutcamp.org/</a>
<b>NUMBER OF PLACES</b>	1-4

# Pioneer Centre

<p><b>TYPE OF PROJECT</b></p>	<p>The Pioneer Centre (part of the Northampton Association of Youth Clubs, Registered Charity number 803431) is an activity and conference centre combined and has as its motto "Releasing potential in all through outdoor education, retreats and training." It can accommodate up to 300 guests, and welcomed over 30,000 visitors (including non-residential day groups) each year. As an AALA licensed and fully accredited outdoor activity centre, it is used by many kinds of groups, such as schools, youth groups, clubs, church groups, etc. Young people come to the centre to experience the thrill and excitement of being challenged physically, mentally and socially, by taking part in the indoor and outdoor activities on offer. Companies also send their staff to the centre for courses on teambuilding, personal development and management training, although the majority of groups come from local schools.</p> <p>The centre is built on Christian foundations and many of the staff are committed Christians, however the centre welcomes all guests regardless of race, religion or creed. There is a balance of faith and non-faith groups using the centre and the organisations mission statement applies to all "To assist all young people in reaching their full potential through sport and creative activity in a caring, accepting and safe environment - sharing enthusiasm and building self-esteem through relationships."</p> <p>Just some of the activities run by qualified staff are: high ropes course, raft building, abseiling/climbing, aerial runway, orienteering, night walks, fencing, archery, environmental activities, initiative games, swimming. They also run full facilitation personal development courses.</p> <p>Website: <a href="http://www.actioncentres.co.uk/pioneer-centre/">http://www.actioncentres.co.uk/pioneer-centre/</a></p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers will work as part of the Activity Team. When they first arrive they will receive a lot of training on the activities, managing groups, teamwork and soft skills, etc. This will allow them to participate as activity instructors after approximately 6-8 weeks. During the first month, the volunteer will spend their time learning how the centre works, health and safety issues and initially taking part in the activities themselves and then following training courses/in-house training.</p> <p>Once the induction and training period is over Volunteers will work alongside activity instructors with the groups who visit the centre. Volunteers will work assisting and leading activities such as abseiling, climbing, fencing, high ropes course, challenge course, initiative games, team building exercises and archery. Other areas of work include checking the equipment and being aware of safety issues at all times. Volunteers are also expected to help out with general maintenance work around the site and occasionally with the House team (making beds, cleaning). There is also scope for volunteers help plan and run less formal activities such as games around the camp fire, treasure hunts, nature trails and story-telling.</p>

<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>The project is looking for male or female volunteers aged over 18 years old who are outgoing, flexible, reliable and have a pro-active attitude. Volunteers should have an interest in working with young people and doing outdoor work and activities. Volunteers with an interest in team building, soft skills and the personal development of groups would find this project especially interesting.</p> <p>A general level of fitness is expected as most of the work is of a physical nature</p> <p><u>A very good level of English is required for communications purposes with staff and clients alike</u></p> <p>Although there is no requirement for volunteers to be Christians, Being a Christian organisation volunteers should be sympathetic towards its aims and values of Christianity and the Christian ethos of the centre. The Campus has a no smoking policy and no alcohol is allowed on the site. All staff and volunteers are expected to show respect and tolerance for each other - person and property. A spirit of cooperation and mutual support is encouraged.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The Pioneer Centre is located on the edge of the picturesque Shropshire town of Cleobury Mortimer (20 minutes walk to town, 10 minutes level walk to the bus stop). The project is in a rural environment but is within commuting distance to Birmingham (1 hours drive by car to the centre) and is well connected by regular buses during the day to Kidderminster (13 miles East) which has a train station. Lifts from the project to town are nearly always available on negotiation with members of staff etc.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>Volunteers' accommodation is situated in staff "lodges" on site. They accommodate between 10 – 20 people per lodge, and all volunteers and staff live there. Volunteers may share a bedroom with one other person – there are single rooms as well and sharing rooms depends on availability of single rooms. In each lodge there is a living room with a television and video recorder, which you share with other people living in the lodge. There is a small kitchen with basic cooking facilities. Washing and laundry facilities are available. Access to Internet/Email is available.</p> <p>The centre provides all meals. In addition, there is a kitchen with basic cooking facilities. Staff and volunteers normally prepare their own breakfast in the lodge kitchens.</p>
<p><b>WORKING HOURS</b></p>	<p>Work is operated on a shift system that includes some evening and occasionally some weekend work. Volunteers generally work between 8.30 – 5.30 with a 1 hour lunch break and breaks in the morning and the afternoon. Volunteers will work on average 40 hours per week.</p>
<p><b>TIME OFF / HOLIDAYS</b></p>	<p>There are 2 rest days per week, not necessarily consecutive, with such rest days varying to suit how busy the Centre is. The volunteers will receive 5 days holiday for every 3 months worked at the Centre</p>

<b>LEISURE TIME / FACILITIES</b>	In the village of Cleobury Mortimer there are shops, restaurants, church, etc. Amenities associated with a larger town are available in Kidderminster which is accessible by bus. Volunteers will also be invited on the different social activities that the centre runs for volunteers and staff. This can include trips to others areas in the UK, canoeing, falconry and trips to other Activity Centres.
<b>ADDITIONAL INFORMATION</b>	Please note that the start dates for this project are sometime earlier than the normal start dates for the ICYE programme in the UK. Volunteers at this project will still attend an On Arrival camp with ICYE-UK but it maybe 2-4 weeks after their arrival date.
<b>NUMBER OF PLACES</b>	2

## Thriftwood Scout Activity Centre

<b>TYPE OF PROJECT</b>	<p>Thriftwood is a Scout Activity Centre which aims to work with the development of young people. We were established in 1957 as a living memorial to those Scouts who died during the two world wars. We provide camping and activities for Scouts from across the world to come and help them develop spiritually, mentally and physically.</p> <p>We have continued to this day where we undertake programmes for Scouts, Guides, Youth groups and Schools. Our aims are the same today as there were almost 60years ago, to provide inspirational leadership and development of young people.</p> <p>To undertake this we off all the opportunity to take part in adventurous activities that can be used to stretch people young and old alike, to push their capabilities and learn their strengths and weaknesses.</p>
<b>TYPE OF WORK</b>	<p>The volunteer will be working alongside other volunteers and apprentices of different ages and from different countries. You will be trained to deliver activity sessions in climbing, archery, high ropes, kayaking etc. You will be working on the day to day upkeep of the centre. This will include cleaning and repairs. As many of our activities are off ground an ability to work at height would be an advantage. The ability to swim is also advantageous.</p> <p>We also run large events throughout the year, these are immense fun but very hard work, with longer than usual hours.</p> <p>Depending on the time of year there are busier times when we have lots of groups camping however in the winter it is quieter and we will concentrate more on preparation for the coming season. So during the winter the tasks will include maintenance of the site and physical outdoor work.</p>
<b>TYPE OF VOLUNTEER REQUIRED</b>	The ideal volunteer will be someone who enjoys working in the outdoor environment; The volunteer must be interested in working with young people and be prepared to live with a diverse group of likeminded people. If you have a scouting, guiding or youth group

	<p>back ground this is an advantage but not essential. Due to the nature of the British weather be prepared for cold and wet days during the autumn to spring months.</p> <p><b>Volunteers must be prepared to work outside, even when it's cold and raining.</b></p> <p>We will accept male and female volunteer's however we require you to be at least 18 years of age. Whilst we do not have a maximum age an ideal range will be 18 to 25 but this is dependent on the experience and flexibility of the person applying.</p>
<b>GENDER/ AGE OF SERVICE USERS</b>	The majority of groups using the services are scouts, schools, youth groups, clubs etc. Therefore the majority of people taking part in the activities are aged 6-18 years old. The centre is also open to adult groups
<b>LOCATION OF PROJECT</b>	Thriftwood is 98 acres of mixed woodland in the heart of Brentwood Essex. We are a 20 min walk from the train station and this is a 20 minute train ride to central London, or Southend and the beach.
<b>ACCOMMODATION &amp; CATERING/ FOOD</b>	All our staff live in shared accommodation. This is based in a lodge and caravans. Most volunteers will have their own bedroom, although on occasion they might be required to share with another volunteer of the same sex. Volunteers at this project should be prepared to share a living room. Both buildings' have shared use of toilet and washing facilities as well as kitchens where food can be prepared in the evenings and the weekends. You will be cooking for yourselves with the rest of the team in the staff accommodation lodge. We provide the team with a budget each week, with which you will need to plan, buy and cook the meals together with the rest of the team living in the accommodation.
<b>WORKING HOURS</b>	This varies with the time of year and the level of business we have in. Most weeks you will be allocated 2 rest days however in the busiest summer months (May to August) this may only be 1 and the rest allocated at other times, We record the time volunteered so on average you will not work more than 40 hours per week. <b>Due to the nature of the business it is likely that the rest days will not be at weekends and not always consecutive</b>
<b>TIME OFF/ HOLIDAYS</b>	You will have the opportunity to take 2 weeks holiday each 6 months, however this must be booked in advance and to coincide with business demands. It is not always possible to give holiday time off in the busy weeks and sometimes this may have to be taken at the end of the placement. 2 weeks must be used over the Christmas period which will be your travel time. <b>Please note that no holidays are to be taken in July.</b>
<b>LEISURE TIME/ FACILITIES</b>	Use of activity equipment depending on competence and availability, staff social for all staff. Close proximity to London and visitor attractions. Wi-Fi connection available for own laptop/workbook
<b>ADDITIONAL INFORMATION</b>	Full training is provided. Only 20 minute walk from town and train station for links to London & Southend. See link to website: <a href="http://www.thriftwood.org.uk/">http://www.thriftwood.org.uk/</a>
<b>NUMBER OF PLACES</b>	1-2

# PROJECTS SUPPORTING YOUNG PEOPLE

**OK Club**

# The OK Club

<p><b>TYPE OF PROJECT</b></p>	<p>The OK Club is a youth club in Kilburn, North-West London. The OK Club originated from the Oxford Boys' Club Trust which was formed in 1958. The following year the disused St. Luke's Hall was purchased (site of the current OK Club) and with the support of local young people and helpers from nearby churches, the significant refurbishment required was carried out. The Club opened officially in 1961. The OK Club now offers a range of activities and opportunities in the afternoons and evenings for children and young people aged 5 – 18 from the local area. The OK Club works with young people and their families to help build character and capabilities, as they grow into active and engaged adults. We will provide opportunities for young people to explore their spirituality and their place in the world, and build positive relationships they can rely on. The OK Club works closely with the local churches and their work is motivated by their Christian Faith.</p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers at OK Club work with the children and young people using the centre. Volunteers help to run the various youth and children's club sessions that take place during the week. Activities in the sessions vary but can include, team games, arts and craft, table tennis, board games, baking, sports, topical discussions, football, etc. Volunteers are also involved in the planning, preparation and admin of the different sessions. Volunteers are an active member of the team at the OK Club, they receive training and guidance in their role from staff.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>The OK Club are looking for volunteers who are motivated to work with young people and who have a proactive approach to work. They need to be calm, friendly, reliable and patient and be able to provide motivation to the children and young people using the centre. Volunteers should be sympathetic towards the organisations aims and values of Christianity and the Christian ethos of the centre. Volunteers must be over 18 years old.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>The OK Club has sessions for children and young people aged between 5 and 18 years old.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The OK Club is based in South Kilburn, which is in the London Borough of Brent (North West London). It is an urban area that is undergoing regeneration. There are excellent transport links and easy access to central London and all facilities associated with a large city</p>
<p><b>ACCOMMODATION &amp; CATERING/ FOOD</b></p>	<p>Volunteers are provided with accommodation at Christian Holt House which is on the same site as the OK Club but separate from where the club's activities take place. Volunteers have their own room but share the other facilities (bathroom, kitchen, etc.) with other volunteers and staff. There is no alcohol or smoking allowed on site and there are restrictions on visitors. The Christian Holt House has a communal food allowance and food is shared among all the residents. Volunteers prepare food either for themselves or together with the other residents</p>

<b>WORKING HOURS</b>	Volunteers will work 35 hours a week, normally from Monday to Friday. Hours vary depending on the sessions but typically shifts are 5 – 8 hours and work is usually in the afternoons and evenings.
<b>TIME OFF/ HOLIDAYS</b>	Volunteers have 2 days off per week, this is normally Saturday and Sunday but on occasion when they work weekends then they will have a day off in the week instead. Volunteers have 4 weeks holiday during the year (for a 12 month placement) and have national holidays off. Holidays must be confirmed with the staff in advance.
<b>LEISURE TIME/ FACILITIES</b>	There is easy access to all facilities and amenities you could expect in a city and also to London's tourist attractions museums, etc. There is phone and internet access at the OK Club
<b>NUMBER OF PLACES</b>	1

## **ICYE UK Project Preferences**

Name: \_\_\_\_\_

Country: \_\_\_\_\_

### **INTERESTS AND PRIORITY LIST**

Hopefully you have read carefully the work profile giving you an insight into the various kinds of volunteer work placements in the UK. In order for us to find a good placement for you, we need to know as much as possible about your interests, priorities and preferences. Please fill out this form by numbering your preferences, i.e. 1 by your first choice, 2 by your second choice, and so on.

Please fill out this form and return it to ICYE UK as part of your application form.

### **Who would you like to volunteer with?**

(Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

Children (5-16 Years Old)	
Young People (12-25 Years Old)	
Adults (25-65 Years Old)	
Elderly / Old People (65+ Years Old)	

### **Areas I would like to volunteer in:**

(Please rank the following in order of preference (1-6), with 1 being your first choice and 6 being your last choice)

Supporting People with Disabilities in a residential centre	
Supporting People with Disabilities in their own homes	
Supporting Students with Disabilities in Education	
Supporting People with Learning Disabilities in their own homes.	
Supporting Outdoor Sports and Activities	
Supporting Disadvantaged People and/or the Homeless	

### **I would like to volunteer in the following environment:**

(Please rank the following in order of preference (1-3), with 1 being your first choice and 3 being your last choice)

Volunteering in a centre	
Volunteering with people in their own homes	
Volunteering Outside (even when it is raining and cold!)	

**Personal Care** (this can mean helping a client at a meal time to eat or drink, helping them to wash themselves or go to the toilet, helping them to get dressed in the morning, etc.)  
 (Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

I am happy doing regular personal care	
I am happy helping with occasional personal care	
I would rather not do personal care, but I will if needed	
I do not want to do any personal care	

**I would like to live:**

(Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

In the countryside	
In a small town / village	
In a large town	
In a big city	

**My preferred accommodation would be:**

(Please rank the following in order of preference (1-3), with 1 being your first choice and 3 being your last choice)

In volunteer accommodation in the same location as my host project, this would involve only a short walk to my project.	
In volunteer accommodation which is separate from my host project, this would involve using public transport to get to my project each day.	
In accommodation which is shared with 1-2 clients with learning disabilities.	

**Living with other International volunteers**

(Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

I would like to live on my own	
I would like to live with 1-2 volunteers	
I would like to live with 3-4 volunteers	
I would like to live with 5 + volunteers	

**Working with other volunteers:**

(Please rank the following in order of preference (1-2), with 1 being your first choice and 2 being your last choice)

I would like to work on my own	
I would like to work in a team	

My Top 3 project choices are:

<b>1. Choice</b>	
<b>Why would you like to be placed in this project?</b>	
<b>2. Choice</b>	
<b>Why would you like to be placed in this project?</b>	
<b>3. Choice</b>	
<b>Why would you like to be placed in this project?</b>	

**Please be aware that this form is designed to help us find you the best possible project placement for you. However we cannot guarantee that you will be placed in one of your top 3 project choices.**